



"We acknowledge the Traditional Owners of the Land on which our School is situated. We pay our respects to Barapa Barapa Elders past, present and future." KTHS Community.



TECH TALK 2024

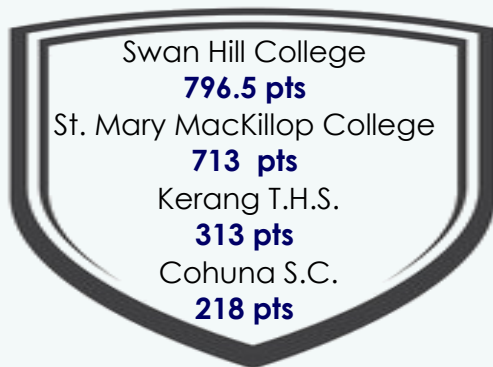
PRINCIPAL'S REPORT

PARENT TEACHER CONFERENCES:

Parent-Teacher Conferences were held last Wednesday in the library. It was heartening to see the turnout of parents and students, as it's an excellent opportunity to meet the teachers and set the stage for educational achievements in Term Four. If you were unable to attend, please note that you can still arrange a meeting with the staff by contacting the school. The staff are also available for phone interviews, and several of these have been scheduled.

SWAN HILL DIVISION INTERSCHOOL ATHLETICS:

The Swan Hill Division Inter school Athletics is an annual event hosted by Kerang Technical High School. Students from Swan Hill College, St. Mary MacKillop College, Cohuna Secondary College, and Kerang Technical High School gather for an athletics competition. The weather was perfect, a welcome change from the previous windy day. The Kerang students put forth some inspiring performances, with three students—Ella Henry, Lyla Morton, and Archer Lancaster—winning their age group championships, as per photograph below. Congratulations to all participants on a successful event. Those who won their events will advance to the Regional competition in Bendigo.



The shared vision of Kerang Technical High School is to provide our students with a quality education for the future in an inclusive and supportive environment.



Congratulations to all those who competed in the Swan Hill Interschool Athletics on Tuesday. A big congratulations to Ella Henry, Lyla Morton and Archer Lancaster who won their age group and qualified for Loddon Mallee Regions on October 10th.

- Ella Henry** 13yr Discus
- Paiten McClelland** 14yr Javelin
- Cooper Hein** 14yr 800m, 1500m
- Bryce Anderson** 15yr 800m
- Laing Waddingham** 17yr 800m, 1500m

- Lyla Morton** 14yr High & Long Jump, 100m, 200m,
- Jack Keath** 16yr Shot Put
- Hugh Bremner** 16yr 100m
- Maddison Walle** 16yr 100m
- Bainli Galway** 17yr Shot Put, Javelin, Discus
- Oscar Greenwood** 14yr Triple Jump
- Archer Lancaster** 16yr High Jump
- Campbell McAlpin** 14yr 1500m

SWAN HILL DIVISION ATHLETICS

CONGRATULATIONS

To all our students who competed at the Interschool Athletics today, especially our three age group champions and those who qualified for Loddon Mallee Region.

ELLA HENRY

=13YR FEMALE



LYLA MORTON

14YR FEMALE



ARCHER LANCASTER

16YR MALE



Principal, Dean Rogers

IMPORTANT NOTICE:

All students will receive a hard copy notice of family details. In order to receive the School Saving Bonus, families will be required to check their details and return to the General Office by Friday, 13th August.

Thanking you in advance.



Kerang Technical High School
A State Secondary College

Murray Street, Kerang 3579
Ph: 03 5452 1062 | Fx: 03 5452 2649
kerang.tech.hs@education.vic.gov.au
www.kerangths.vic.edu.au

School Savings Bonus

Dear parents and carers,

In Term 4, 2024, families with a child enrolled in a government school from Prep to Year 12 in 2025 will receive the one-off \$400 School Saving Bonus.

The \$400 School Saving Bonus provides families with support for education-related costs, such as school activities and/or school uniforms and textbooks.

The School Saving Bonus is not available for full-fee international students, home schooled students, TAFE students and students attending kindergarten in 2025.

Actions for parents and carers

Before 18 October 2024, the Department of Education is asking parents and carers to:

- **Complete enrolment:** If your child, or children are changing government school for Term 1 2025, or starting Prep or Year 7 in 2025. For more information, read about [Enrolling in School](#).
- **Check your contact information:** Ensure your email address and phone number is up to date with us. You can check this information by contacting us directly.

We need to ensure your contact information is up to date as the Department of Education will email you twice:

- in October, to verify your email address
- in November, with your \$400 School Saving Bonus and access to an online system.

Please check your junk mail regularly to make sure you do not miss an important email.

To learn more about the School Saving Bonus, download the [School Saving Bonus Information sheet for government school parents and carers](#)

https://www.education.vic.gov.au/Documents/SSB_information_government_school_parents_carers.docx

or visit vic.gov.au/school-saving-bonus.



K.T.H.S. TERM PLANNER 2024



TERM 3:

Tues. 10/9
ADF Yr 9
Presentation
Period 5

Tues. 17/9
Yr 7 State
Badminton

Tues. 17/9
Last day
of Term 3
2.30pm Finish

TERM 4

OCTOBER

Mon. 7/10
First day of Term 4

Thur. 10/10
LMR Athletics

Tues. 15/10
Intermediate Cricket

Mon. 21/10
Yr 10 Work Experience

Tues. 22/10
Unit 4 Last Classes

Wed. 23/10
Gr 6 Transition- All
Schools

LMR Table Tennis

Fri. 25/10
Unit 4 Deadline
Unit 4 SAC SAT results
due

Tues. 29/10
VCAA Exam Period begins

Wed. 30/10
2025 Year 7 Info. Night

NOVEMBER

Fri. 1/11
Unit 2 Deadline

Mon. 4/11
CURRICULUM DAY
Pupil Free Day

Tues. 5/11
MELBOURNE CUP DAY
Public Holiday

Mon. 11/11
Unit 1/2 Exam Week

Mon. 18/11
Unit 3 2025
Transition Week

Wed. 20/11
Year 10 Exams

Thur. 21/11
Year 10 Exams

Fri. 22/11
Year 10 Exams

VALEDICTORY EVENING
Yr 7/8/9 CATs Deadline

Mon. 25/11
Unit 1 & 3 2025
Transition Week

Fri. 29/11
Year 11's Finish

DECEMBER

Mon. 2/12
Unit 1 2025
Transition Week

Fri. 6/12
Year 10s Finish

Tues. 10/12
State Wide
Orientation Day

Thur. 12/12
VCE Results
available to students

Wed. 18/12
Reports Published
SPEECH NIGHT

Day #1 Yr 7-9 Activities

Thur. 19/12
Day #2 Yr 7-9 Activities

Fri. 20/12
Day #3 Yr 7-9 Activities

LAST DAY OF SCHOOL
Finishing at 1.30pm



2025 ENROLMENTS

Kerang Technical High School are now accepting 2025 Enrolments. Please submit your enrolments to our General Office

Further Enquiries:
Yrs 7-9: Zoe.Ferrier@education.vic.gov.au
Yrs 10-12: Nathan.Henry@education.vic.gov.au

RESPECT RESILIENCE RESPONSIBILITY

STUDENT ILLNESS



A reminder to families, as per the Department of Education Infectious Disease Policy students with cold or flu-like symptoms are required to stay at home until symptoms have passed. Students experiencing vomiting or diarrhoea are to remain at home until there has not been vomiting or a loose bowel motion for 24 hours.





Is it time for a check-up?

Check ups can include:-

- Mammogram & Breast Cancer awareness
- Heart health check
- Blood Pressure
- Blood tests such as Cholesterol & lipid tests
- Bowel cancer screening
- Blood glucose test
- Eye test
- Hearing test

The Jean Hailes website has lots of information about Women's Health

<https://www.jeanhailes.org.au/>

Cheers Meg

After having a baby, around

1 in 3 women

experience bladder leakage.

Bladder leakage affects

38% of women

in Australia compared to 10% of men.

"If incontinence is an issue ...

... pelvic floor exercises can cure or significantly improve the type of leakage that happens with coughing, sneezing and exercising by **up to 80%.**"

Amy Steventon, Jean Hailes physiotherapist

87%

of people aged 65 and over live with at least one chronic disease.

Australian Longitudinal Study of Women's Health



Women's Health Week 2024 program

Monday: Know your body

Get to know what's normal for you with info on health checks, bowel health, skin checks and breast and vulval self-checks.

Tuesday: Courageous conversations

Tips and tools to help you talk to your doctor about menopause, hormones, heavy periods, PCOS and more.

Wednesday: Shame and stigma

Tackling taboos and sharing women's stories about bladder leakage, painful sex, STIs and vulval irritation.

Thursday: Point of difference

Some health conditions affect women differently. Today we look at heart health, migraine and pelvic pain.

Friday: Trust your gut

Let's make healthy eating easier. Learn nutrition basics and how to have a healthier relationship with food.





Dear Parent/Guardian

A number of our senior school students are driving or intend to drive to school this year and some have indicated that they intend to carry another student as a passenger.

Despite the fact that most young drivers try to be careful, safety conscious and considerate when driving, research clearly shows that they are at a higher risk of having a serious crash than older, more experienced drivers.

The presence of young passengers also greatly increases the risk for teenage drivers and, the more passengers, the greater the risk.

It is important that all students and their parents/guardians are aware of these risks and the type of behaviour that the school expects from student drivers.

Copies of the school Policy on student drivers and the Parent Permission and Student Agreement Form are available upon request.

The policy outlines the school's expectations and provides information regarding the transport of passengers. Of particular note is that student drivers are not permitted to carry other students as passengers to and from school.

Under the Graduated Licensing System, no more than one peer aged passenger (aged 16-22 years) is permitted to travel with the driver, unless the passengers are siblings of the driver. The school requests that only siblings to travel to and from school with the licensed driver. This is based on research that shows that young drivers carrying several passengers are more likely to engage in risk taking behaviour. For more information, go to:

<https://www.vicroads.vic.gov.au/safety-and-road-rules/driver-safety>

To ensure that all involved are aware of these requirements, student drivers and a parent/guardian are required to sign a Parent Permission and Student Agreement Form.

The form must be signed and returned prior to students using the designated parking area on Burgoyne Street

These requirements are intended to ensure the welfare and safety of students at our school and the local community.

Mr. Dean Rogers
Principal



KTHS CANTEEN PRICES—SEMESTER 2, 2024

ROLLS/WRAPPS/SANDWICH

Buttered Roll	\$2.50
Chicken Salad Roll	\$6.00
Ham Salad Roll	\$6.00
Salad Only Roll	\$6.00
Sandwiches	\$4.50
Wraps	\$6.00
Salad Tubs	\$6.00
Fruit Tubs	\$6.00

HOT FOOD

Ham & Cheese Toastie	\$3.50
Hot Cheese Roll	\$3.00
Pies	\$5.00
Chicken Curry Pies	\$6.00
Sausage Rolls	\$4.00
Specials	\$6.00
Cup Noodles	\$3.00

SNACKS

Cookie	\$0.50
Homemade Muffins	\$3.50
Glazed or Iced Donuts	\$3.50
Chip Varieties	\$2.50
Mentos	\$2.00
Raspberry Twists	\$1.00

ICE CREAMS

Frozen Yoghurt	\$2.50
Icytwists	\$2.00
Paddlepop	\$3.00
Everest icecream cup	\$3.00
Ben & Jerrys	\$5.50

HEALTHY EATING LEGEND



DRINKS

Water 600ml	\$2.50
Pump 750ml	\$3.50
Pump Flavoured 750ml	\$4.50
Nippy's 375ml	\$4.00
Nippy's 450ml (JUICE)	\$4.00
Nippy's 500ml	\$5.00
Aussie Squeeze 350ml	\$3.50
Prima	\$2.00





Pie Drive

**DUE
Back
12th
Sept**



NAME: Ph. NO:

ITEM	PRICE	QUANTITY	COST
FAMILY SIZE - SAVOURY			
Plain Beef Pie	\$14.50		
Pastie – Beef & Veg	\$14.50		
Cheese Bacon Beef Pie	\$19.50		
Mushroom Beef Pie	\$16.50		
Curry Beef Pie	\$14.50		
Onion Beef Pie	\$15.50		
Potato Beef Pie	\$16.50		
Chicken Cheese Honey Mustard Pie	\$17.50		
Chicken Satay Pie	\$17.50		
Roast Lamb Gravy Pie	\$20.50		
Quiche	\$17.00		
Veggie Quiche - vegetarian	\$16.00		
FAMILY SIZE - SWEET			
Apple Pie	\$17.00		
STANDARD SIZE PACKS - SAVOURY			
6pk Plain Beef Pies	\$17.50		
6pk Sausage Rolls	\$15.50		
STANDARD SIZE PACKS - SWEET			
4pk Vanilla Slice	\$15.00		
4pk Jelly Slice	\$15.00		
4pk Hedgehog Slice	\$15.00		
4pk Lemon Slice	\$15.00		
4pk Custard Tart	\$15.00		
	TOTAL		

This is our School Council Fundrasier for 2024

Order forms can be picked up from the KTHS office or pick up from School Council President, Tracy Roberts @ Kerang Glass

2 Tate Drive, Kerang.

Money and orders due 12th Sept for delivery on 19th Sept

KERANG MUSEUM



HERITAGE DAYS

SATURDAY SEPT 7th 2024

SUNDAY SEPT 8th 2024

9AM - 4PM

17 Museum Drive Kerang

Admission \$10 Adults, Children (school age) free.

DAIRY, BICYCLES AND BLACKSMITH DISPLAYS,
RESTORED ENGINES, MACHINERY, OLD CARS, TRUCKS,
TRACTORS, HOMEWARES, MILITARY, CLOTHING ETC.

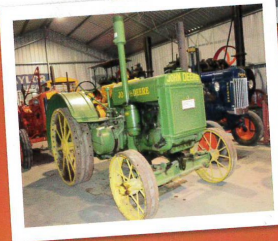
MOBILE PIPE ORGAN MUSIC, DELICIOUS FOOD

DISPLAYING KERANG'S SOCIAL HISTORY.

Enquiries: 0412487854 or



Kerang Museum



17 Museum Drive, Kerang

Open: Sunday 1:30pm - 4:30pm
or by appointment

Ph: 03 5450 4090

0487 010 777 or 0478 253 932

The Kerang Museum houses a large collection of:

- Farm machinery
- Restored tractors
- Restored 1930s & 1950s trucks
- Gannawarra Memorabilia
- Steam engines
- Household items/clothing
- War room
- Water pumps
- Many items of local interest



Adults: \$10

Children under 16: \$2

Raiders



2024 / 2025

KERANG RAIDERS

BASKETBALL SQUAD TRYOUTS

TOURNAMENTS

Swan Hill: 26th & 27th October 2024

Shepparton: 9th & 10th November 2024

Bendigo: 25th, 26th & 27th January 2025

Maryborough: 15th & 16th February 2025

REGISTRATIONS HERE:

<https://www.playhq.com/basketball-victoria/register/62112a>



Enquiries: kerangbasketball@hotmail.com

Kerang Amateur Basketball Association



KERANG & DISTRICT AGRICULTURAL SOCIETY INC.

138th KERANG ANNUAL

SHOW

Monday, October 7th 2024 1pm - 10pm



Sponsored by



\$3

Student Voice

Fundraising

WE NEED YOUR OLD CANS PLEASE

and BOTTLES - SO IF YOU COULD, DROP THEM OFF INTO THE CRATE BESIDE THE SCHOOL LIBRARY. Thanks.

The Student Voice Team is after your discarded recyclable Cans and Bottles. We are raising money for new seating around the school. We appreciate any donations which can be left at the school.



FREE

KERANG NEIGHBOURHOOD HOUSE FUNDED BY
NAB FOUNDATION IN ASSOCIATION WITH MALLEE
FAMILY CARE

FOR MORE INFO:
4403 6640

Disaster MANAGEMENT TRAINING

PREPARE & RESPOND FOR NATURAL CRISIS

TO EQUIP AND EMPOWER
OUR COMMUNITY WITH
CRUCIAL SKILLS AND
KNOWLEDGE AND
RESOURCES TO BUILD
SAFETY, PREPAREDNESS
RESILIENCE AND A PLAN

HEAR FROM THE FOLLOWING SERVICES
ABOUT SUPPORT AVAILABLE :

- ✓ CFA
- ✓ LOWER MURRAY WATER
- ✓ EMERGENCY RECOVERY VICTORIA
- ✓ SOCIAL SECURITY RIGHTS VICTORIA
- ✓ RED CROSS
- ✓ POLICE
- ✓ RURAL FINANCE
- ✓ SES VIC

LOCATIONS:

MURRABIT

10TH - 11TH SEPTEMBER
10AM - 4PM EACH DAY
MURRABIT HALL

BENJEROOP

17TH- 18TH SEPTEMBER
10AM - 4PM EACH DAY
BENJEROOP HALL

KOROOP

24TH- 25TH SEPTEMBER
10AM - 4PM EACH DAY
KOROOP HALL

LAKE CHARM

1ST - 2ND OCTOBER
10AM - 4PM EACH DAY
LAKE CHARM HALL

MYALL

8TH- 9TH OCTOBER
10AM - 4PM EACH DAY
MYALL HALL

QUAMBATOOK

15TH - 16TH OCTOBER
10AM - 4PM EACH DAY
QUAMBATOOK HALL



KERANG NEIGHBOURHOOD HOUSE
Building and building our community to provide opportunities to thrive, contribute, learn and grow.
11 Scoresby St, Kerang 3579

4403 6640 | www.kerangnh.org.au | www.facebook.com/kerangnh

Kerang and District Community Centre Inc. trading as Kerang Neighbourhood House, is a Public Benevolent Society. It has the financial capacity of an exempt public benevolent society and provides services to members of our community.

KERANG

21ST - 22ND OCTOBER
10AM - 4PM EACH DAY
KERANG NEIGHBOURHOOD HOUSE



THE UNBREAKABLE FARMER



"Resilience, Persistence, Determination -
These are the three words that best describe me."

October is Mental Health Awareness month in Australia.

St. Mary's Primary School, Cohuna, is hosting a Community Event with inspiring Guest Speaker Warren Davies, the 'Unbreakable Farmer'.
(Suitable for people aged 16 and over)

Warren is one of Australia's leading rural mental health speakers and advocates.

His ability to engage with individuals or organisations is through the journey of him piecing back together his life, as well as the life lessons he has learned along the way.

Warren's down-to-earth approach makes his story and strategies relevant to everyone. He provides tips and tools that his audience can easily implement in day-to-day life

Date: Sunday, 13th October

Where: Memorial Hall COHUNA

Time: 12.00pm - 1.30 pm

12:00 - FREE SAUSAGE SIZZLE AND MINGLE (Thanks to the Cohuna Lion's)

12:40 - 1:30 Guest Speaker - WARREN DAVIES - The Unbreakable Farmer

To secure your spot register via the link or QR Code:

<https://www.trybooking.com/CUXTL>

