



"We acknowledge the Traditional Owners of the Land on which our School is situated. We pay our respects to Barapa Barapa Elders past, present and future." KTHS Community.



TECH TALK 2024

PRINCIPAL'S REPORT

CULINARY CHALLENGE:

Further update to the Culinary Challenge which was held on Friday, 2nd August at Mary MacKillop College, Swan Hill.

Our girls did themselves and KTHS proud at the Swan Hill Culinary Challenge. Maddie Walle and Jayli Morren-Leech represented KTHS. Right from the start they were up against it as they were unfamiliar with the kitchen. They had two dishes to prepare in an hour and a half. The main was pork medallions, sweet potato and broccoli.

The second, a dessert dish was sticky date pudding. During the judge's feedback everyone was congratulated for their efforts and that the results were close. The winner being Mary MacKillop College. Both Maddie and Jayli worked well together communicating their steps and synchronising their actions. A great team effort while under a lot of pressure. Well done girls. *Report Page 4.*



"FIZZICS" INCURSION:

On Thursday this week, as part of Science Week Celebrations KTHS hosted "Fizzics" Education Incursion for Year 7 -10 students. Science experiments were presented to the

students in a fun and engaging way. Following on from this science was showcased to the extended community where schools with Murrabit, KSPS and KPS students attending. The Primary School students were able to attend thanks to the Gannawarra Shire who paid for the buses. The Glenarm residents also came across to participate, so it was a real community presentation. *Full page photographs on Page Six.*



The shared vision of Kerang Technical High School is to provide our students with a quality education for the future in an inclusive and supportive environment.



PAT CRONIN FOUNDATION PRESENTATION:



On Monday, 5th August, all students from KTHS participated in the Pat Cronin Foundation—Be Wise presentation. This presentation has developed out of what happened to Pat.

Matt and Robyn Cronin explain Pat's story and how the Foundation started.

"Our son, Pat, was a gentle natured 19-year-old killed by a Coward Punch in 2016 while helping a mate who was being attacked. The force of that punch fractured his skull, causing an inoperable bleed on his brain. Two days later we made the agonising decision to turn off Pat's life support. After speaking with thousands of students, we've seen that teenagers connect to Pat's story. If it can happen to Pat, it can happen to anyone.

That's why we started this Foundation. And that's why we want to share Pat's story with your students."



The presentation was:

In our thought-provoking interactive presentation, students hear real and relatable stories about social violence, exploring:

- Anger and aggression
- Choices and consequences

Strategies to defuse conflict:

We share Pat's story to illustrate the worst possible outcome of social violence, and help students make wise choices.

Learning Outcomes:

- Students better understand how to deal with anger before it becomes aggression.
 - Students are shown how a single decision can have life-lasting consequences.
- Students discuss and develop an awareness of strategies that suit them and their friends.

Report and photographs on Page Three.

PARENT, GUARDIAN & CAREGIVERS SURVEY

Just a friendly reminder, to those who received a Survey, we look forward to receiving those who have not yet completed them. We have currently had eight responses and we are sitting at 10% at the moment. *Refer to Page Two*

Mon. 19/8: School Council Meeting

Principal, Dean Rogers



Department
of Education

2024 Parent / Caregiver / Guardian Opinion Survey: Sample text for survey announcement

WE WANT OUR PARENTS / CAREGIVERS / GUARDIANS TO TELL US WHAT THEY THINK!

Our school is conducting the annual Parent / Caregiver / Guardian Opinion Survey offered by the Department of Education and is seeking your feedback. The survey is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement. The survey is optional, but we encourage and appreciate your participation. Our school will use the survey results to assist in identifying areas for improvement and professional development needs in the school, to target school planning and improvement strategies.

The Parent / Caregiver / Guardian Opinion Survey will be open online from **Monday 29 July to Friday 30 August 2024**.

A random sample of parents / caregivers / guardians have been selected to participate in this year's survey.

The survey will be conducted **online**, only takes **20 minutes** to complete, and can be accessed at any convenient time on desktop computers, laptops, tablets or smartphones.

The online survey will be available in English and resources are also available in additional languages to assist parents / caregivers / guardians who speak a language other than English at home. Please reach out to your child's teacher, or the school directly for survey guides in your language.

Survey results will be communicated to parents / caregivers / guardians through annual reporting and the school newsletter. Last year we used the survey results to plan the School Wide Positive Behaviour Program and school incursions.

Please speak to your child's Principal if you would like more information.

PAT CRONIN FOUNDATION TALK



**PAT CRONIN
FOUNDATION**

On Monday, 5th August, we were fortunate to welcome Aidan from the Pat Cronin Foundation to Kerang Technical High School. Aidan conducted two sessions, informing our student cohort that 'Violence is not OK'. Along with this message, students gained an insight into the consequences of a coward punch. We thank Aidan for coming to our school and to the Pat Cronin Foundation, sadly from your loss of Pat, we hope we can continue shape the next generation to **'Be Wise, Think Carefully, Act Kindly'**.



HIGH JUMP



FOR THOSE STUDENTS WHO MISSED OUT ON DOING THEIR HIGH JUMP TRIALS LAST WEEK, PLEASE GO TO THE HALL AT THE START OF THE LUNCHTIME ON TUESDAY, 13th AUGUST.

PROTECT

Everyone has the right to be safe and be protected from abuse.
No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.
Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility. Adults at school must listen and respond to concerns about child abuse.
If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect

MMLLEN CULINARY CHALLENGE



Congratulations to Maddie Walle and Jayli Morren-Leech who represented KTHS for the 2024 VET 1st Year Culinary Challenge Friday, 2nd August in Swan Hill.

The girls performed exceptionally well and were both pleased with their efforts. Thank you to Mr Dean Rogers for taking the girls to compete.



MADDIE WALLE and JAYLI MORREN-LEECH



INTERNATIONAL EXCHANGE STUDENTS

Over the past two weeks, we were fortunate to welcome Andy, Brian and Abi to KTHS as part of an exchange program organised by Pyramid Hill College. The students had a wonderful experience, particularly the opportunity to engage in conversations with our students and participate in Woodwork & Food Studies. The three students were presented this afternoon with a gift from our school, along with their finished wood product. Thanks for visiting.



GLENARM OLYMPICS

Our Yr 11 students created a mini Olympics for the Glenarm residents on Friday, 2nd August. It was a great spectacle, with a very close finish, as we had a 17-way tie for 1st position. All 17 athletes were awarded a gold medal for their performance. Everyone enjoyed themselves.



INTERNATIONAL FRIENDSHIP DAY

Tuesday, 30th July was International Friendship Day so we made friendship bands at lunch time in the Library. Lots of great collaboration and a new skill (learning to plait) was taught by some of our very competent students. Great team work everyone!!



SCIENCE WEEK



KERANG TECHNICAL HIGH SCHOOL



Welcomes Grade 6 students'
for our upcoming Transition
Days

**THURSDAY
29TH AUG**

*Kerang PS
Koondrook PS
Murrabit GS*

**FRIDAY
30TH AUG**

*Kerang South PS
St. Joseph's PS
Independent &
neighbouring schools*

If your child would like to attend and have not received information
please contact Junior School Leader Ms. Zoe Ferrier



Zoe.ferrier@education.vic.gov.au



0354 521 062

Tuning into Teens™ at headspace

EMOTIONALLY INTELLIGENT PARENTING

Parenting can be a challenge at times
so would you like to learn how to:

- Understand what they're going through at this stage in life?
- Understand their emotions?
- Manage conflict more effectively?
- Communicate more effectively?
- Create a closer more connected relationship?
- Build on your skills as a parent?

A FREE six session
parenting program for
parents and carers of
young people



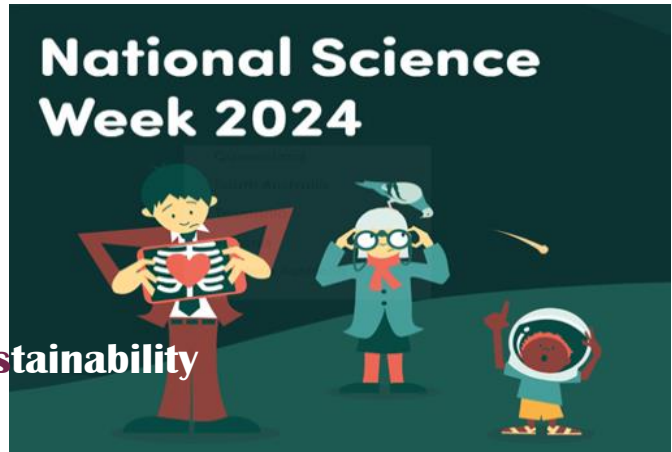
headspace

National Youth Mental Health Foundation



**Are you the parent or guardian of a teenager?
Struggling to understand their emotions?
Tuning Into Teens is happening at KTHS.**

We are working with Headspace to make this program available to parents/guardians of teenagers. This might be what you've been looking for. Please scan the QR code and answer the 5 question survey to help us plan this program. If you are the parent/guardian of a teenager, this might be what you've been looking for.



The theme for National Science Week in 2024 is **Species Survival - More Than Just Sustainability**

The theme aims to highlight the importance of science and innovation in ensuring the survival and thriving of different species in an ever-changing world. One thing we need to appreciate are the scientists who have been before us and who are making their discoveries now. Here are some famous women scientists and the some of the discoveries they made.

Cheers Meg



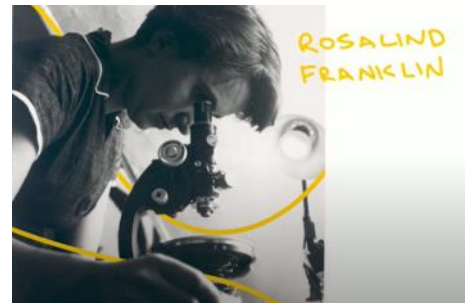
Marie Curie, who was born in Poland, discovered radioactivity and is only scientist to have won 2 Nobel prizes in different fields.



Hedy Lamarr, born in Austria, paved the way for blue tooth technology.



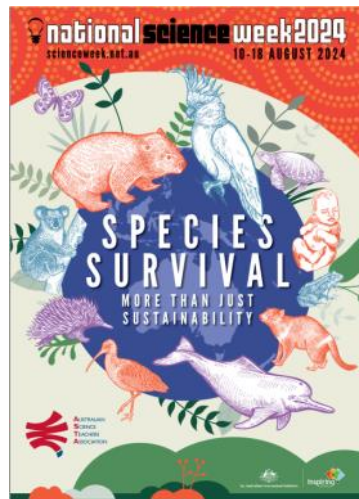
Dr Fiona Wood, an Australian Plastic Surgeon, who developed technology of spray on skin to treat burns.



British Rosalind Franklin studied Physical Chemistry and Xray Crystallography and discovered the DNA Double helix.



In 1970, Professor Carl Wood, with Alan Trounson, were the intellectual driving force behind IVF in Australia.



Ruby Payne-Scott was an Australian Radio Astronomer at Potts Hill Reservoir NSW Division of Radio physics, who helped to establish Australia as one of the best places to study Sadio astronomy.



beat the winter blues

Winter Blues!!!

As the days get shorter, many people find themselves feeling sad. You might feel blue around the winter holidays, or get into a slump after the fun and festivities have ended. Some people have more serious mood changes year after year, lasting throughout the autumn and winter when there's less natural sunlight.

What is it about the ? And what can we do about it?

Lift Your Mood

These "self-care" tips might help with the winter blues.

See a mental health professional if it doesn't go away or interferes with your daily life:



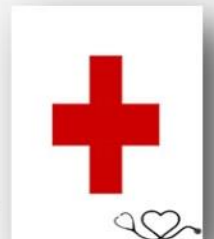
- Watch a movie, take a walk, go bike riding or do other activities you normally enjoy.
- Get out in the sunlight or brightly lit spaces, especially early in the day.
- Try to spend time with other people and confide in friend or relative.
- Eat nutritious foods, and avoid overloading carbohydrates like cookies and candies.
- Be patient. You won't suddenly "snap out" of it. Your mood will improve gradually.

Cheers The Wellbeing Team

STUDENT ILLNESS



A reminder to families, as per the Department of Education Infectious Disease Policy students with cold or flu-like symptoms are required to stay at home until symptoms have passed. Students experiencing vomiting or diarrhoea are to remain at home until there has not been vomiting or a loose bowel motion for 24 hours.





Dear Parent/Guardian

A number of our senior school students are driving or intend to drive to school this year and some have indicated that they intend to carry another student as a passenger.

Despite the fact that most young drivers try to be careful, safety conscious and considerate when driving, research clearly shows that they are at a higher risk of having a serious crash than older, more experienced drivers.

The presence of young passengers also greatly increases the risk for teenage drivers and, the more passengers, the greater the risk.

It is important that all students and their parents/guardians are aware of these risks and the type of behaviour that the school expects from student drivers.

Copies of the school Policy on student drivers and the Parent Permission and Student Agreement Form are available upon request.

The policy outlines the school's expectations and provides information regarding the transport of passengers. Of particular note is that student drivers are not permitted to carry other students as passengers to and from school.

Under the Graduated Licensing System, no more than one peer aged passenger (aged 16-22 years) is permitted to travel with the driver, unless the passengers are siblings of the driver. The school requests that only siblings to travel to and from school with the licensed driver. This is based on research that shows that young drivers carrying several passengers are more likely to engage in risk taking behaviour. For more information, go to:

<https://www.vicroads.vic.gov.au/safety-and-road-rules/driver-safety>

To ensure that all involved are aware of these requirements, student drivers and a parent/guardian are required to sign a Parent Permission and Student Agreement Form.

The form must be signed and returned prior to students using the designated parking area on Burgoyne Street

These requirements are intended to ensure the welfare and safety of students at our school and the local community.

Mr. Dean Rogers
Principal

KTHS 2024 SPORT DATES

TERM 3			
5	Wednesday 14 th August <i>(back up Wednesday 21st August)</i>	House Athletics	Kerang
8	Tuesday 3 rd September <i>(back up Tuesday 10th September)</i>	Swan Hill Division Athletics	Kerang
TERM 4			
1	Thursday 10 th October	LMR Athletics	Bendigo
3	Monday 21 st October	State Athletics	Melbourne
	TBC	Field & Game School Shoot	

*** NOTE:** some dates are yet to be confirmed and there will be other events that will arise if we get students and teams through to the next level. If this occurs staff will be notified in a timely manner. More sporting dates may be added, depending on the outcome of Interschool sport: dates can be found at: <https://teamup.com/ksrvf3hixh44xjnr9>

Any questions, please come and see me! *Zoe Ferrier, Sports Co-ordinator.*



2025 ENROLMENTS

Kerang Technical High School are now accepting 2025 Enrolments. Please submit your enrolments to our General Office

Further Enquiries:

Yrs 7-9: Zoe.Ferrier@education.vic.gov.au

Yrs 10-12: Nathan.Henry@education.vic.gov.au



KTHS

HOUSE ATHLETICS

WEDNESDAY 14TH

AUGUST



MURRAY HOUSE

VS

LODDON HOUSE



KTHS CANTEEN PRICES—SEMESTER 2, 2024

ROLLS/WRAPPS/SANDWICH

Buttered Roll	\$2.50
Chicken Salad Roll	\$6.00
Ham Salad Roll	\$6.00
Salad Only Roll	\$6.00
Sandwiches	\$4.50
Wraps	\$6.00
Salad Tubs	\$6.00
Fruit Tubs	\$6.00

HOT FOOD

Ham & Cheese Toastie	\$3.50
Hot Cheese Roll	\$3.00
Pies	\$5.00
Chicken Curry Pies	\$6.00
Sausage Rolls	\$4.00
Specials	\$6.00
Cup Noodles	\$3.00

SNACKS

Cookie	\$0.50
Homemade Muffins	\$3.50
Glazed or Iced Donuts	\$3.50
Chip Varieties	\$2.50
Mentos	\$2.00
Raspberry Twists	\$1.00

ICE CREAMS

Frozen Yoghurt	\$2.50
Icyrwists	\$2.00
Paddlepop	\$3.00
Everest icecream cup	\$3.00
Ben & Jerrys	\$5.50

DRINKS

Water 600ml	\$2.50
Pump 750ml	\$3.50
Pump Flavoured 750ml	\$4.50
Nippy's 375ml	\$4.00
Nippy's 450ml (JUICE)	\$4.00
Nippy's 500ml	\$5.00
Aussie Squeeze 350ml	\$3.50
Prima	\$2.00

HEALTHY EATING LEGEND



LOST PROPERTY:

Over the past few weeks, months etc., the General Office has been inundated with found goodies etc and we'd really love to off-load to the rightful owners. For e.g. jewellery, drink bottles and school uniforms/jackets and other odds & ends. They do belong to someone. Please seek out and take home.
Thanks.



The Mallee Family Care Disaster Recovery Support Program offers assistance and guidance to help you with your concerns or challenges in relation to flood recovery.

We can help with

- Insurance questions
- Legal advice
- Rebuild and repair guidance
- Housing advocacy
- Mental health support
- Grant applications
- Referral to other supports
- Financial counseling

Mallee Family Care
Email: disastersupport@malleefamilycare.com.au
Free call: 50 324 479



Student Voice **Fundraising**

WE NEED YOUR OLD CANS PLEASE

and BOTTLES - SO IF YOU COULD, DROP THEM OFF INTO THE CRATE BESIDE THE SCHOOL LIBRARY. *Thanks.*

The Student Voice Team is after your discarded recyclable Cans and Bottles. We are raising money for new seating around the school. We appreciate any donations which can be left at the school.

THE PANTRY STOP

The Pantry Stop is in the Wellbeing Room (next to Room 7) Students can come to take food home for their wellbeing.

OPEN MONDAYS and FRIDAYS

Recess Bags are also available if you have forgotten your snacks

Don't be embarrassed, everyone needs to eat.

MURRAY MALLEE TRAINING CO. LTD.

Current Traineeships

-Business—Swan Hill
Office management, data entry, answering phones and upkeep of records

Current Apprenticeships

- Baking—Leitchville
Preparing a variety of baked goods such as bread, cakes and pastries.

For more information
contact Rob Hackney on: 0419 347 206
Or our Swan Hill office on: 5033 1216
Email—info@mmtc.com.au



2024 / 2025

KERANG RAIDERS

BASKETBALL SQUAD TRYOUTS

AGE GROUPS:

Under 12's - 2014 / 2015
Under 14's - 2012 / 2013
Under 16's - 2010 / 2011
Under 18's - 2008 / 2009

DATES & TIMES:

Sunday 11th August 2024
Sunday 18th August 2024
Sunday 25th August 2024
11:00am - 1:00pm

WHERE: Kerang Basketball Stadium, Maxwell Street KERANG

BRING: Full water bottle, appropriate enclosed footwear, appropriate sports clothing, BYO Basketball if you have one.

TOURNAMENTS

Swan Hill: 26th & 27th October 2024
Shepparton: 9th & 10th November 2024
Bendigo: 25th, 26th & 27th January 2025
Maryborough: 15th & 16th February 2025

REGISTRATIONS HERE:

<https://www.playhq.com/basketball-victoria/register/62112a>



Enquiries: kerangbasketball@hotmail.com



Kerang Amateur Basketball Association