

TECH TALK





Gchool Captains: Nicola Cockroft & Oscar Hogg Principal: Mr Dean Rogers 48 Murray Street (PO Box 201), Kerang, Victoria 3579
Telephone: (03) 5452 1062 *Email*: kerang.tech.hs@education.vic.gov.au
Webpage: www.kerangths.vic.edu.au



"We acknowledge the Traditional Owners of the Land on which our School is situated. We pay our respects to Barapa Barapa Elders past, present and future." KTHS Community.



Term 3 Semester 2.

Vol. 25

18th August, 2023

PRINCIPAL'S REPORT

CULINARY CHALLENGE:

Congratulations to both our Year 12 students, Georgia Smith and Caidyn Goodson, on representing the school at the Murray River Culinary Challenge, held at St. Mary MacKillop College, Swan Hill on Wednesday, 16th August. Unfortunately, they did not progress any further finishing a commendable second. It is always great to see young people challenging themselves and stepping out of their comfort zone. In this way they build resilience and learn to cope with any situation that may arise.



SCIENCE ROOMS UPDATE:

The Science buildings are now onsite and being made ready.

This means the power, water, optic fibre cables are currently being connected. It is anticipated that this will be completed in the next week.





Department of Education

2023 PARENT/CAREGIVER/GUARDIAN OPINION SURVEY:

WE WANT OUR PARENTS / CAREGIVERS / GUARDIANS TO TELL US WHAT THEY THINK!

Our school is conducting a survey to find out what parents / caregivers / guardians think of our school.

The Parent / Caregiver / Guardian Opinion Survey is an annual survey offered by the Department of Education that is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement. The survey is optional but we encourage all families to participate. Our school will use the survey results to help inform and direct future school planning and improvement strategies. A random sample of approximately 30 per cent of parents / caregivers / guardians has been selected to participate in this year's survey.

The Parent / Caregiver / Guardian Opinion Survey will be open from Monday, 7 August to Friday, 8 September 2023.

The shared vision of Kerang Technical High School is to provide our students with a quality education for the future in an inclusive and supportive environment.

RESPECT

RESPONSIBILITY

If you are one of the randomly selected families, you have been notified with the survey link through your XUNO account. The survey will be conducted **online**, only takes **20 minutes** to complete, and can be accessed at any convenient time within the survey period on desktop computers, laptops, tablets or smartphones. The online survey will be available in English and 10 other languages. Please speak to your child's teacher if you would like more information.

Principal, Dean Rogers







ENROLL NOW

03 54521062

Yrs 7-9: Zoe.Ferrier@education.vic.gov.au Yrs 10-12: Nathan.Henry@education.vic.gov.au

TERM 3 KEY DATES



WEEK 7

TUE 22:

2024 Transition- KSPS/Koon

WED 23:

2024 Transition-St Joseph's

THU 24:

2024 Transition- KPS/Murrabit

Period 1&2: Year 8 & 9 Life Choices presentation

WEEK 8

TUES 29:

Swan Hill Div. Athletics at KTHS

WED 30:

UNIT 4 Biology ECOLINK Excursion

WEEK 10

THU 14:

Interim reports available

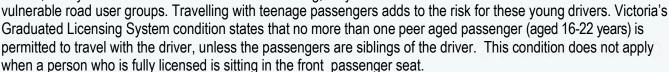
FRI 15:

Last day of Term 3-2:30pm finish

Setting the expectation for student drivers

Welfare and safety of student drivers:

As we progress through the school year more and more of our senior students are turning 18 and beginning driving to and from school. While most young drivers are careful, safety conscious and considerate when driving, they are one of the most



With this in mind, the school has a responsibility to take all reasonable measures to ensure the welfare and safety of students. Our *Student Driving Policy* outlines what we expect from student drivers and copies of this may be obtained from Mr. Nathan Henry our, Senior School Leader.

A Parent Permission and Student Agreement Form can also be collected from Mr Henry. All student drivers and parents/guardians are required to sign this form and return it to the school. Part of this agreement is that only family members will be allowed in the car.

Students as responsible drivers in the community:

Our school takes pride in maintaining a positive image within the local community. With an increasing number of our students driving to and from school, it is important that they recognise that any careless and unsafe driving reflects poorly not just on them personally but also on the school.

Members of the school community are encouraged to inform the school if they are aware of any students who are driving in a reckless or dangerous manner or who are not adhering to road rules. This has occurred on a number of occasions.

Any reports made will be taken seriously and investigated. If student drivers have been found to put themselves and other road users at risk, appropriate sanctions will be carried out and if necessary, the police notified. Concern for our students' safety and welfare are paramount and we ask that the whole school community works together to achieve this end.

Parking for students driving to school:

The school is aware that a number of senior students intend to drive to school either occasionally or on a regular basis. Students and their parents/guardians need to be aware of the school's policy with regard to the parking of student cars. **Burgoyne Street** is the designated student parking area. It is also expected that students will drive to and from school in a safe and responsible manner and adhere to road rules. If these requirements are disregarded, parents will be notified and appropriate student sanctions will apply and, if necessary, the police will also be notified.

Regards,

Nathan Henry, Senior School Leader



healthy headspace

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Healthy headspace is a skills based workshop designed to provide young people with brief psychoeducation and coping skills on 8 topics.



Workshop information

Starting July 26th

When: Wednesdays | Term 3 | 3.45- 4.45pm

Where: Northern District Community Health | 24 Fitzroy Street

Kerang 3579

Who: Anyone aged 12- 14

What: Young people can attend all topics or select individual

weeks

Bookings: Please free call headspace Swan Hill on 1800 975 115

or email headspace@shdh.org.au



Week 4 - communicating with confidence: 16 August

This topic aims to help you build assertiveness skills, which can help you communicate in a clear, direct, respectful and honest way in difficult situations.



Week 5 - understanding and accepting myself: 23 August

We learn about our values and strengths and how they shape how we see ourselves. We will explore a range of tools to help understand and respond to body image concerns.

healthy headspace

Healthy headspace is a skills based workshop designed to provide young people with brief psychoeducation and coping skills on 8 topics.





Week 6 - healthy thinking: 30 August

This topic will help you understand how your thoughts impact you. You will learn different thinking styles to assist with your moods and behaviours.



Week 7 - understanding and accepting my feelings: 06 September

This topic aims to help you build some skills and strategies that make it easier to deal with emotions like anxiety, anger, or sadness.



Week 8 - get into life: 13 September

This week will be a whole group celebration built around participants hobbies and interests. You will be able to explore yours and other peoples passions.

This year a couple of changes have been made to the operation of the Canteen. To assist with service at the canteen students from Year 11 and Year 12 will be helping Recess and Lunchtime. We trialled this last year with the Year 12's and it worked well. (All students are reminded of their day/time duties via Xuno and there is an

\$2.50

\$5.50

\$5.50

\$5.00

\$4.00

\$4.50

\$4.50

\$6.00

\$5.00

50cents

roster on the Year 12 Common Room noticeboard for their perusal.) In particular, students doing Hospitality were used as this gave them experience in customer service and contributed to their

enlarged copy of the Yellow and Blue Week timetable

overall mark. Parents can still help when available and canteen staff would be appreciative of any time made for the canteen.

You can register your interest by contacting the school or talking to the Canteen Manager Lisa Petrie. It is a great way to see how the school is running and get a "feel" for the place while interacting with students and staff. Even though it is early days we have noticed a trend where students are purchasing large quantities of unhealthy foods.

To assist them with making healthy choices the school is limiting the number to two items at Recess and at Lunch.

From Monday, 6th February, the Canteen closes at 11:00am for Recess and 1:30pm for Lunch.

CANTEEN PRICES

MENU 2023

ROLLS/WRAPS/SANDWICHES

Buttered Roll Chicken Salad Roll Ham Salad Roll Salad Only Roll Ham Roll Chicken & Mayo Roll Sandwiches Wraps Fruit Tubs



HOT FOOD

Cup Noodles Chicken Curry Pies Sausage Rolls Garlic Bread



SNACKS

Homemade Cookies Homemade Yo-vo's Homemade Muffins Glazed or Iced Donuts Hot Cheese Roll Chip Varieties Frozen Yoghurt





DRINKS

Water 600ml Nippy 375ml Nippy' 500ml Gatorade Riverport Varieties Pump 750ml Pump Flavoured 750ml 450ml Nippy Variety's



Monday	经产权的	
Recess	Xander F	
Lunch 1	Daniel YR11	
Lunch 2	Bryce YR 11	
Tuesday		
Recess	Lluan	
Lunch 1	Kaiden YR 11	
Lunch 2	Nicola	
Wednesday	6 11 150 44	
Recess	Sophie YR 11	
Lunch 1	Tahleah YR 11 Oscar	
Lunch 1	Oscar	
Lunch 2		
Thursday		
Recess	Grace T YR11	
Lunch 1	Georgia	
Lunch 2	Caidyn	
Friday		
Recess	Jessie T YR11	
Lunch 1	Connor	
Lunch 2	Xander L	

Fish and Chips	\$6.00
Sweet Chilli Chicken Wraps	\$6.00
Chicken Alfredo's	\$6.00
Hot Dogs	\$4.00
Dim Sims	\$1.00
Baked Potatoes	\$6.00
Pizza's	\$5.00
Chicken Schnitzels	\$6.00
Meatball Sub	\$6.00
Homemade Spag Bol	\$6.00
Homemade Chicken Pasta	\$6.00
Zinger Burgers	\$6.00
Hamburgers	\$6.00
Chicken Parma	\$6.00
Fried Rice	\$5.50
Lasagne	\$5.50
Nacho's	\$5.00
Sweet Sour Pork with Rice	\$6.00
Wedges	\$6.00
W cages	\$0.00

Pg. 8 of 14

CANTEEN MENU-WEEK EIGHT **WEEK SEVEN** Monday Monday **PIZZA** MAC & CHEESE Tuesday Tuesday SCHNIZTEL's ZINGER BURGERS Wednesday Wednesday **CHICKEN STRIPS PASTA** S/S sauce Thursday Thursday FRIED RICE (gf) ALFREDO's Friday Friday **SWEET CHILLI HAMBURGERS** WRAPS Note: Specials may change due to availability of stock



BULLTING. NO WAY! **Bullying** is EVER OK!

Bullying can make us feel unsafe and unhappy. It stops us from being who we want to be and can

make it hard to learn and be around other people.

If you are being bullied or you see bullying happening, you can do something. If you are bullying others, you can access help to stop the bullying behaviour. Cheers Meg







If you are being bullied, help is available. If you are bullying others, take the first step to stopping by getting help.



Bullying. No Way! bullyingnoway.gov.au

eSafety young people esafety.gov.au/young-people eSafety Guide esafety.gov.au/esafety-guide eSafety Report esafety.gov.au/report

Kids Helpline kidshelpline.com.au eHeadspace

headspace.org.au/eheadspace

Youth Law Australia yla.org.au

Bullying in person or online might look or feel like being:

- repeatedly hurt physically, or verbally through abusive texts, emails, images, videos, or nasty gossip and chat
- excluded or ignored
- tricked or humiliated by fake accounts.

No one deserves to be bullied or hurt. You can choose to:

- treat others how you would like to be treated with kindness and respect
- include others in games and chats
- only share information about others with their consent.





Developed in partnership www.esafety.gov.au | www.bullyingnoway.gov.au



Kerang Technical High School Absence Note		
Student's Name: Year Level Home Group Date of Absence: AM PM ALL DAY Reason for Absence: Family Reasons Illness Appointment Holiday Other Reasons:		
Parent/Guardian Signature: Date:		
STUDENT ILLNESS		
A reminder to families, as per the Department of Education <u>Infectious Disease Policy</u> students with cold or flu-like symptoms are required to stay at home until symptoms have passed. Students experiencing vomiting or diarrhoea are to remain at home until there has not been vomiting or a loose bowel motion for 24 hours.		



MURRAY MALLEE

Current Apprenticeships

- Bricklaying—Swan Hill Setting up and laying bricks using plans and calculations.

- Engineering Fabrication Koondrook, Kerang & Swan Hill Welding and bolting metal products to fabricate parts.

- Electrotechnology Electrician—Cohuna Install, repair, connect and test electrical equipment and general maintenance of electrical products.

- Automotive Sales—Swan Hill Sell and order Automotive parts, maintain stock, customer service and communicate with suppliers

Current Traineeships

-Hospitality (School Based) - Swan Hill Serve food and beverages while providing table service and advise on menu items.

-Individual Support—Aged Care

Provide care and support to residents while maintaining a friendly and compassionate environment.

-Dental Assisting—Swan Hill Chair side assisting for Dentist, sterilising instruments and reception duties.

For more information

Contact Rob Hackney on: 0419 347 206 or our Swan Hill office on: 5033 1216 Email-info@mmtc.com.au

Gannawarra Shire Council is currently recruiting for energetic people to join our Outdoor Pool Lifeguard Team for the 2023/24 season

- · Pool Lifeguard training and accreditation fully subsidised with courses running locally
- · Fun work environment with flexible rosters
- Build your skills and directly support your community
- Seasonal roles available from November 2023 to March 2024

Contact us on (03) 5450 9333 for more information or visit www.gsc.vic.gov.au







COME ALONG TO LAW!



(Each Thursday for 4 weeks)

ALL EQUIPMENT KINDLY SUPPLIED BY KERANG

PLAYERS MUST WEAR FLAT FOOTWEAR (NO HEELS)

nteer coaching by the members of the Kerang Bowling Club Inc who will give assistance to participants

When: Commencing Thursday 24th, 31st August, 7th

& 14th Sept 2023 Time: 10.30am-11.30am

Where: Kerang Bowling Club Bendigo Road, Kerang







The Pantry Stop is in the Wellbeing Room (Rm. 63/4)

Students can come to take food home

OPEN MONDAYS 3.24PM

(for 20 minutes only)

LOST PROPERTY

UNIFORMS, JEWELLERY & WATER BOTTLES

I'M SURE YOU HAVE NOTICED THAT YOU ARE MISSING CERTAIN ITEMS LIKE UNIFORMS, JEWELLERY OR A WATER BOTTLE.

WE HAVE NUMBEROUS ITEMS IN OUR COLLECTION (NO NAMES) SO IF YOU WOULD LIKE TO CALL IN AT THE OFFICE AND CLAIM PLEASE DO SO.

These items need a home THEIR HOME!

PERMISSION NOTES

Just a friendly reminder to all Parents/Guardians: If you require your child to leave the school grounds for any reason, please remember it would be most appreciative if you could give your child a note to bring to school before classes in the morning so the staff can do the official paperwork. We have concerns that parents/guardians are approving the students after they leave the school grounds when students are phoning their parent. Thank you in advance for you're assistance to send a note in before classes.

IMPORTANT NOTICE:

Please advise the school as soon as possible if your details we currently have on file may have changed in any way - it is imperative that we have the correct addresses and phone numbers, especially at this time.

Due to the School Office with limited staff at present, it would be appreciated if you could email the school on: kerang.tech.hs@education.vic.gov.au or Xuno message. Thank You.

Single Sign On Now Available in XUNO App

This means parents do not need to remember a XUNO App password if they already have a Google or Microsoft account, as that account can now be used to log in to the XUNO App. Their Google or Microsoft email must be present in their XUNO profile for this to work (either primary or alternate email). If you find this not to work please contact the Office to check the email on file. Thank You.



BUS ZONE SIGNAGE

ANOTHER FRIENDLY REMINDER TO ALL DRIVERS REGARDING THE BUS ZONE WHICH IS SITUATED OUT THE FRONT OF OUR SCHOOL GROUNDS AS PER PHOTOS. ZONE TIMES ARE BETWEEN THE HOURS OF 8-9am AND 3-4pm. IT HAS BECOME A LITTLE BIT OF A NIGHTMARE SINCE THE START OF THE SCHOOL YEAR WITH TRAFFIC COMING AND GOING AND PLEASE BE AWARE, THE VICTORIA POLICE & SHIRE RANGER DO THEIR SURVELLIENCE AND THE FINE IS HEFTY, SO PLEASE, DO NOT DROP OR COLLECT YOUR CHILDREN BETWEEN THE DESIGNATED HOURS. Thanking you in advance.





These free webinars are a great way to learn about myfuture and other current topics from expert presenters. Register now: https://myfuture.edu.au/assist-others/webinars

Powering the future: Exploring expanding career opportunities in the Clean Energy Sector, Thursday 24 August, 2023 1:00pm (AEST)

As Australia transitions from fossil fuel to clean energy, careers in the energy sector are evolving and expanding. In this panel discussion hosted by Dr Anita Talberg, Workforce Development Manager at the Clean Energy Council, we will hear first-hand from several professionals from diverse backgrounds who are thriving in the clean energy industry.

The role of emotion in career education (for parents and carers) Tuesday 29 August, 1:00 PM (AEST)

Emotions, both positive and negative, are not only a result of educational and work experiences, but also play a vital role in learning and personal development. In education and employment, emotions can either stimulate or constrain thought processes, reflection, and proactive behaviours. Based on the Insights paper 'How emotions influence motivation and behaviour in career development learning', this webinar, presented by Dr Michael Healy, will help you understand how different emotions might affect your child's career development in different ways. He will provide advice on how you can recognise and respond to different career-related emotions that your child might be experiencing.

Coping with emotional challenges in career development - R <u>U</u> OK? Day 2023, Thursday September 14, 1:00pm (AEST)

Young people face uncertain employment pathways in their futures, and often feel enormous pressure to make the "right" career decisions to ensure success. Many typical career development tasks and situations can trigger or worsen stress and mental ill-health. In this webinar, the teams from the Student Wellbeing Hub and the myfuture career information service will join in a discussion about how career development influences, and is influenced by, wellbeing and emotional resilience. Coinciding with R \underline{U} OK? Day 2023, they will share practical tips and resources for educators and parents to help young people cope with the emotional challenges that are so central to career development learning.

Register now: https://myfuture.edu.au/assist-others/webinars

Chances for Children Scholarships



The Chances for Children Foundation provides financial support for young people in the Mallee region to pursue their education and chase their dreams. All scholarships are available for people aged 24 and under.

Scholarships Available

Keeping Kids At Secondary School Scholarship

Non-Tertiary Scholarship

Tertiary Scholarship

SuniTAFE Chances Scholarship

Community Bank Wentworth & District

Chances Scholarship

Applications open October 23rd, 2023 and close January 23rd, 2024

For more information or to apply

W: chancesforchildren.com.au

E: chances4children@malleefamilycare.com.au

T: 1800 632 263



