



School Captains: Nicola Cockroff & Oscar Hogg
Principal: Mr Dean Rogers

TECH TALK 2023



48 Murray Street (PO Box 201), Kerang, Victoria 3579

Telephone: (03) 5452 1062 Email: kerang.tech.hs@education.vic.gov.au

Webpage: www.kerangths.vic.edu.au



"We acknowledge the Traditional Owners of the Land on which our School is situated. We pay our respects to Barapa Barapa Elders past, present and future." KTHS Community.



Term 3 Semester 2.

Vol. 21

21st July, 2023

ASSISTANT PRINCIPAL'S REPORT

It has been my privilege to be Acting Principal for this week and also next week with Dean Rogers on Leave. With a busy week of Middle School Snow Camp, Tertiary information session (TIS) for Year 12 students, Regional Badminton competition, it has been great to see our students fully involved. *Mr Dean Smith* (Editors Note: Photographs/write up from Mt Buller Snow Trip next edition).

New Things For KTHS: Upgrades keep coming

- ◆ Over the holidays a new entrance to the Library was completed;
- ◆ Major Sprinkler repair on the oval;
- ◆ New Classroom tables for 4 classrooms;
- ◆ New Blinds in 10 rooms;
- ◆ New conference room in the admin building.

KTHS has started conversations with V.S.B.A. (Victorian School Building Authority) regarding the refurbishment of the changerooms and toilet areas in Thornely Hall and hopefully more news on the replacement of the Basketball/Netball courts and building maintenance to the area of the link corridor and Rooms 16 & 17. *So lots going on.*



Stage 2 iFarm Development completed. The underground irrigation was installed and ready for the soil elements to be done. Stage 3 Fencing has arrived and will go up soon - Page 2 for photographs.

NAPLAN

At the start of next week, families will receive your child's NAPLAN results from earlier on this year. I would encourage you to discuss the results with your child and look at the overall trends of their results. Please keep in mind this is only one tool that is used to evaluate a student's development and progression in their Literacy and Numeracy. If you wish to discuss the outcomes please contact the School.

Attendance

I would encourage all families and students to look at the attendance data on Xuno and how each child is tracking. We all want our students to develop good habits by going to school every day – habits that are necessary to succeed after school, whether in the workplace or in further study. More information later in Tech Talk issues.

Student Success: Badminton

Second overall: Well done! All students showed great sportsmanship throughout the day, continuing to have a smile on their face and praises their opponents when necessary. Thank you Ms Lake for taking the students to Bendigo. More pics Pg. 2



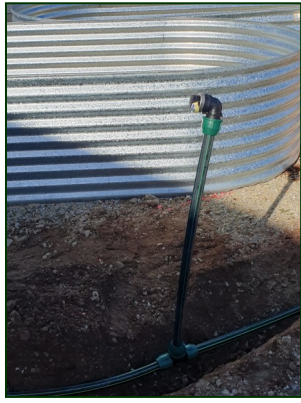
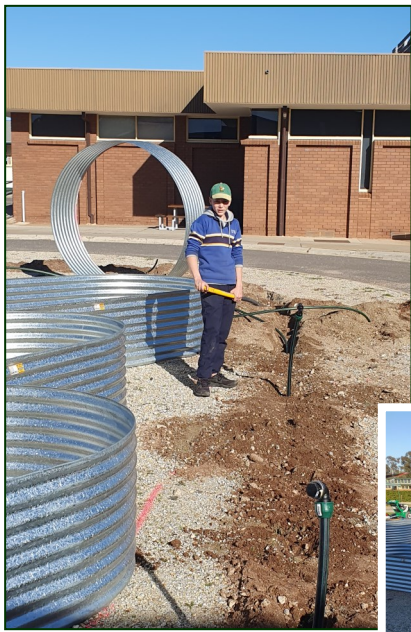
Agricultural Expo

KERANG TECHNICAL HIGH SCHOOL AGRICULTURAL INDUSTRY CAREERS EXPO 2023!

SAVE THE DATE:
Wednesday, 26th July 2023
Flyer Page 2

The shared vision of Kerang Technical High School is to provide our students with a quality education for the future in an inclusive and supportive environment.





Stage 2 - iFarm

KERANG TECHNICAL HIGH SCHOOL AGRICULTURAL INDUSTRY CAREERS EXPO 2023!

KTHS would like to invite you to our first Agricultural Industry Careers Expo

Interactive Displays Will Include:

- Machinery
- Engineering companies
- Ag technologies
- Animals and animal husbandry
- Guest speakers & demonstrations

NEW DATE!!!

Where: KTHS oval Murray St

When: 26th July

Time: 9:30am-2:30pm

Food trucks will be available all day.

Further Info Contact Krystal Grills
kerang.tech.hs@education.vic.gov.au



#KTHS

#foodandfibre

#Agriculture

#Agcareers



LMR Badminton Comp



Eaglehawk Badminton Stadium 20.7.2023

YEAR 8 GIRLS: The girls came up against some really good competition. They all tried hard and enjoyed the day out. Finishing off third for the day. **YEAR 7 BOYS:** Played 3 teams for the day and ended up winning 2 and losing 1, finishing second overall. They all tried extremely hard and had some really good rallies against their opponents. Their last game pushing them to the test were they came up against some very good players. The game scores were close and was good to see the boys enjoying the challenging.



2023

Term Three

24
JUL

Lunchtime: Senior/Inter. Girls High Jump
Lunchtime: Senior/Inter. Boys High Jump

26
JUL

AGRICULTURAL EXPO

31
JUL

**2024 SENIOR SCHOOL
SUBJECT EXPO**

Setting the expectation for student drivers



Welfare and safety of student drivers:

As we progress through the school year more and more of our senior students are turning 18 and beginning driving to and from school. While most young drivers are careful, safety conscious and considerate when driving, they are one of the most vulnerable road user groups. Travelling with teenage passengers adds to the risk for these young drivers. Victoria's Graduated Licensing System condition states that no more than one peer aged passenger (aged 16-22 years) is permitted to travel with the driver, unless the passengers are siblings of the driver. This condition does not apply when a person who is fully licensed is sitting in the front passenger seat.

With this in mind, the school has a responsibility to take all reasonable measures to ensure the welfare and safety of students. Our *Student Driving Policy* outlines what we expect from student drivers and copies of this may be obtained from Mr. Nathan Henry our, Senior School Leader.

A *Parent Permission and Student Agreement Form* can also be collected from Mr Henry. All student drivers and parents/guardians are required to sign this form and return it to the school. Part of this agreement is that only family members will be allowed in the car.

Students as responsible drivers in the community:

Our school takes pride in maintaining a positive image within the local community. With an increasing number of our students driving to and from school, it is important that they recognise that any careless and unsafe driving reflects poorly not just on them personally but also on the school.

Members of the school community are encouraged to inform the school if they are aware of any students who are driving in a reckless or dangerous manner or who are not adhering to road rules. This has occurred on a number of occasions.

Any reports made will be taken seriously and investigated. If student drivers have been found to put themselves and other road users at risk, appropriate sanctions will be carried out and if necessary, the police notified.

Concern for our students' safety and welfare are paramount and we ask that the whole school community works together to achieve this end.

Parking for students driving to school:

The school is aware that a number of senior students intend to drive to school either occasionally or on a regular basis. Students and their parents/guardians need to be aware of the school's policy with regard to the parking of student cars. **Burgoyne Street** is the designated student parking area. It is also expected that students will drive to and from school in a safe and responsible manner and adhere to road rules. If these requirements are disregarded, parents will be notified and appropriate student sanctions will apply and, if necessary, the police will also be notified.

Regards,

Nathan Henry, Senior School Leader





Today, over 350 million people live with viral hepatitis. Every 30 seconds, someone loses their life to a hepatitis related illness.

But we know it doesn't have to be that way. www.worldhepatitisalliance.org

Hepatitis is an inflammation of the liver, most commonly caused by a viral infection.

There are five main **hepatitis viruses, referred to as Types A, B, C, D and E.**

These five types are of greatest concern because of the burden of illness and death they cause and the potential for outbreaks and epidemic spread.

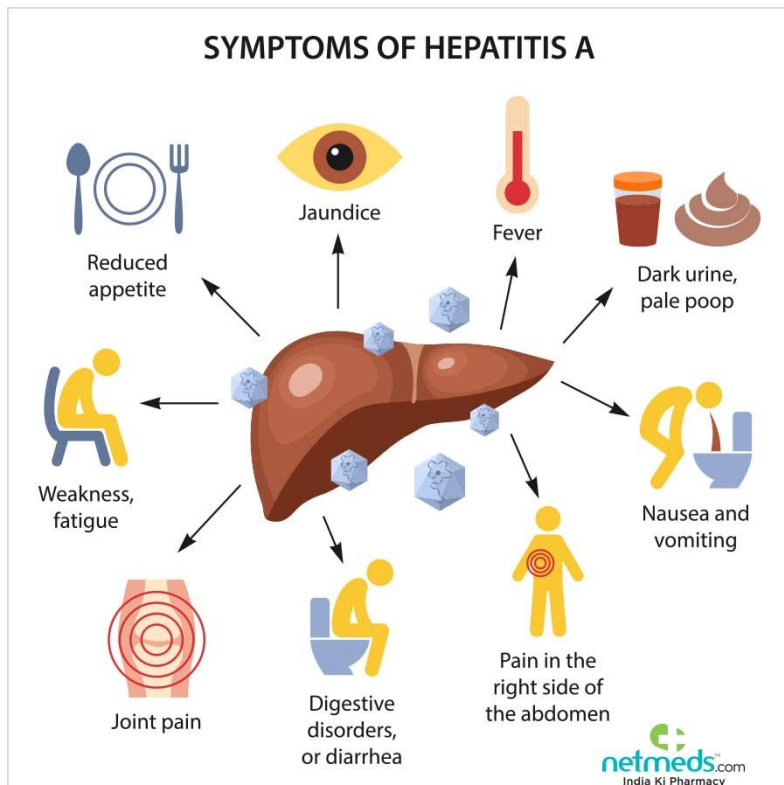
There are vaccines and effective treatments for hepatitis A and B, treatments for hepatitis D and E and a cure for hepatitis C, we can eliminate hepatitis as a public health threat by 2030.

Some hepatitis risk factors include contaminated water and food, or blood or body fluids from infected people when they enter the body, are sexually transmitted, or from

contaminated needles, etc.

You can protect yourself and be vaccinated for Hepatitis A & B and try to avoid situations where you could contract C, D & E. If you are at risk of Hepatitis, get tested and Seek medical treatment.

Cheers Meg



9/10
9 in ten people living with hepatitis are unaware of their diagnosis

STUDENT ILLNESS



A reminder to families, as per the Department of Education Infectious Disease Policy students with cold or flu-like symptoms are required to stay at home until symptoms have passed. Students experiencing vomiting or diarrhoea are to remain at home until there has not been vomiting or a loose bowel motion for 24 hours.



healthy headspace

Healthy headspace is a skills based workshop designed to provide young people with brief psychoeducation and coping skills on 8 topics.



Workshop information | Starting July 26th

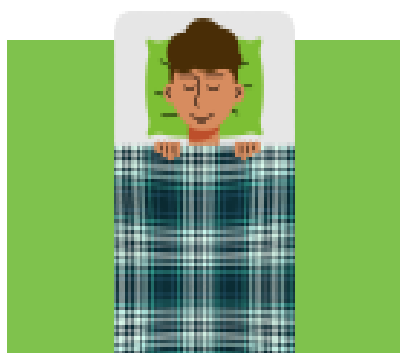
When: Wednesdays | Term 3 | 3.45- 4.45pm

Where: Northern District Community Health | 24 Fitzroy Street
Kerang 3579

Who: Anyone aged 12- 14

What: Young people can attend all topics or select individual weeks

Bookings: Please free call headspace Swan Hill on 1800 975 115
or email headspace@shdh.org.au



Week 1 - sleeping well: 26 July

We will cover how to improve your sleep hygiene and the importance of sleep. You will learn strategies on how to get a good night sleep.



Week 2 - physical wellbeing: 02 August

We will discuss how nutrition and exercise help maintain a healthy headspace. Staying active and eating well helps you sleep better, cope better and boosts your mood.



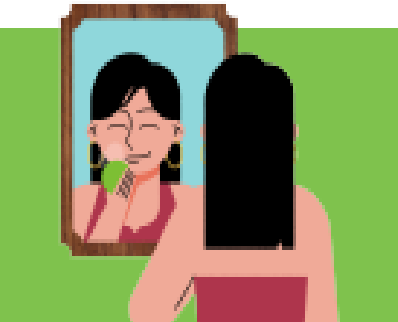
Week 3 - building healthy strategies: 09 August

We will cover mindfulness and relaxation skills that can assist in grounding you, so that you aren't swept away by your emotions such as feeling overwhelmed and stressed.



Week 4 - communicating with confidence: 16 August

This topic aims to help you build assertiveness skills, which can help you communicate in a clear, direct, respectful and honest way in difficult situations.



Week 5 - understanding and accepting myself: 23 August

We learn about our values and strengths and how they shape how we see ourselves. We will explore a range of tools to help understand and respond to body image concerns.



Week 6 - healthy thinking: 30 August

This topic will help you understand how your thoughts impact you. You will learn different thinking styles to assist with your moods and behaviours.



Week 7 - understanding and accepting my feelings: 06 September

This topic aims to help you build some skills and strategies that make it easier to deal with emotions like anxiety, anger, or sadness.



Week 8 - get into life: 13 September

This week will be a whole group celebration built around participants hobbies and interests. You will be able to explore yours and other peoples passions.

CANTEEN NEWS



This year a couple of changes have been made to the operation of the Canteen. To assist with service at the canteen students from Year 11 and Year 12 will be helping Recess and Lunchtime. We trialled this last year with the Year 12's and it worked well. (All students are reminded of their day/time duties via Xumo and there is an

enlarged copy of the Yellow and Blue Week timetable roster on the Year 12 Common Room noticeboard for their perusal.)

In particular, students doing Hospitality were used as this gave them experience in customer service and contributed to their overall mark. Parents can still help when available and canteen staff would be appreciative of any time made for the canteen. You can register your interest by contacting the school or talking to the Canteen Manager Lisa Petric. It is a great way to see how the school is running and get a "feel" for the place while interacting with students and staff. Even though it is early days we have noticed a trend where students are purchasing large quantities of unhealthy foods. To assist them with

Monday	
Recess	Xander F
Lunch 1	Daniel YR11
Lunch 2	Bryce YR 11
Tuesday	
Recess	Lluan
Lunch 1	Kaiden YR 11
Lunch 2	Nicola
Wednesday	
Recess	Sophie YR 11 Tahleah YR 11
Lunch 1	Oscar
Lunch 2	
Thursday	
Recess	Grace T YR11
Lunch 1	Georgia
Lunch 2	Caidyn
Friday	
Recess	Jessie T YR11
Lunch 1	Connor
Lunch 2	Xander L

From Monday, 6th February, the Canteen closes at 11:00am for Recess and 1:30pm for Lunch.

CANTEEN PRICES

MENU 2023

ROLLS/WRAP/SANDWICHES

Buttered Roll	\$2.50
Chicken Salad Roll	\$5.50
Ham Salad Roll	\$5.50
Salad Only Roll	\$5.00
Ham Roll	\$4.00
Chicken & Mayo Roll	\$4.50
Sandwiches	\$4.50
Wraps	\$6.00
Fruit Tubs	\$5.00



HOT FOOD

Pies	\$4.50
Cup Noodles	\$2.50
Chicken Curry Pies	\$5.50
Sausage Rolls	\$3.50
Garlic Bread	\$2.50



SNACKS

Homemade Cookies	50cents
Homemade Yo-yo's	\$2.00
Homemade Muffins	\$3.50
Glazed or Iced Donuts	\$3.00
Hot Cheese Roll	\$2.50
Chip Varieties	\$2.50
Frozen Yoghurt	\$2.50



DRINKS

Water 600ml	\$2.50
Prima	\$2.00
Nippy 375ml	\$3.50
Nippy' 500ml	\$4.50
Gatorade	\$4.50
Riverport Varieties	\$4.50
Pump 750ml	\$3.50
Pump Flavoured 750ml	\$4.00
450ml Nippy Variety's	\$3.00



Fish and Chips	\$6.00
Sweet Chilli Chicken Wraps	\$6.00
Chicken Alfredo's	\$6.00
Hot Dogs	\$4.00
Dim Sims	\$1.00
Baked Potatoes	\$6.00
Pizza's	\$5.00
Chicken Schnitzels	\$6.00
Meatball Sub	\$6.00
Homemade Spag Bol	\$6.00
Homemade Chicken Pasta	\$6.00
Zinger Burgers	\$6.00
Hamburgers	\$6.00
Chicken Parma	\$6.00
Fried Rice	\$5.50
Lasagne	\$5.50
Nacho's	\$5.00
Sweet Sour Pork with Rice	\$6.00
Wedges	\$6.00

CANTEEN MENU

WEEK THREE

Monday

LASAGNA

Tuesday

SCHNITZEL's

Wednesday

PASTA

Thursday

**SWEET CHILLI
WRAPS**

Friday

ALFREDO's

WEEK FOUR

Monday

PIZZA

Tuesday

SCHNITZEL's

Wednesday

**WEDGES
(when available)**

Thursday

**FOCACCIA
(ham or chicken)**

Friday

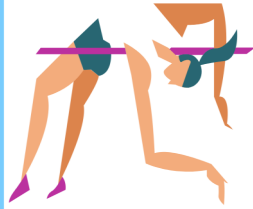
HAMBURGER's

Note: Specials may change due to availability of stock



REMINDERS:

KTHS HOUSE ATHLETICS HIGH JUMP COMPETITION



KTHS HIGH JUMP

Junior (Yr 7/8/9) PE classes will conduct the high jump competition in their scheduled PE classes during Week 2 or 3

WEEK 3:

MONDAY 24TH JULY:
Intermediate & Senior Girls

TUESDAY 25TH JULY:
Intermediate & Senior Boys

KTHS ATHLETICS CARNIVAL



**WED 2
AUGUST**

9am - 3pm

KTHS are seeking Parent/Carer Volunteers to assist at our Athletics Carnival. If you are able to assist, please contact Zoe Ferrier: 0354521062 -- XUNO -- email: Zoe.Ferrier@education.vic.gov.au

PERMISSION NOTES

Just a friendly reminder to all Parents/Guardians: If you require your child to leave the school grounds for any reason, please remember it would be most appreciative if you could give your child a note to bring to school before classes in the morning so the staff can do the official paperwork. We have concerns that parents/guardians are approving the students after they leave the school grounds when students are phoning their parent. *Thank you in advance for you're assistance to send a note in before classes.*

LOST PROPERTY

Due to numerous school uniform items that are not labelled with students names we currently have a mountain of these items on our store room shelves and if you realise that your child has come home missing an item or two, you are certainly welcome to peruse our collection. ALSO, a collection of plastic drink bottles are starting to mount up. Come, peruse these so we can give all these items a home, their home! JEWELLERY also has been handed in over the past few months, so if your child has lost an article of jewellery please send them to the office to peruse. *Thanks.*

Single Sign On Now Available in XUNO App

This means parents do not need to remember a XUNO App password if they already have a Google or Microsoft account, as that account can now be used to log in to the XUNO App.

Their Google or Microsoft email must be present in their XUNO profile for this to work (either primary or alternate email). If you find this not to work please contact the Office to check the email on file. Thank You.

IMPORTANT NOTICE:

Please advise the school as soon as possible if your details we currently have on file may have changed in any way - it is imperative that we have the correct addresses and phone numbers, especially at this time.

Due to the School Office with limited staff at present, it would be appreciated if you could email the school on: kerang.tech.hs@education.vic.gov.au or Xuno message. *Thank You.*

BUS ZONE SIGNAGE

ANOTHER FRIENDLY REMINDER TO ALL DRIVERS REGARDING THE BUS ZONE WHICH IS SITUATED OUT THE FRONT OF OUR SCHOOL GROUNDS AS PER PHOTOS. ZONE TIMES ARE BETWEEN THE HOURS OF 8-9am AND 3-4pm. IT HAS BECOME A LITTLE BIT OF A NIGHTMARE SINCE THE START OF THE SCHOOL YEAR WITH TRAFFIC COMING AND GOING AND PLEASE BE AWARE, THE VICTORIA POLICE & SHIRE RANGER DO THEIR SURVELLIENCE AND THE FINE IS HEFTY, SO PLEASE, DO NOT DROP OR COLLECT YOUR CHILDREN BETWEEN THE DESIGNATED HOURS. *Thanking you in advance.*





Discover the world around you

Are you keen to connect with nature and meet other like-minded friends? Why not take a Nature Stewards course!

- Learn more about your local and Victorian environment.
- Explore new employment opportunities.
- Hear from experts spanning Traditional Owners, CSIRO, Council, volunteering and industry.
- Find ways to connect with and care for nature.

When

Saturdays, 9 September to 21 October
Class times: 9.30–12.30pm
Field session times: 1.30–4.30pm (approx)

Details

6 x classes and 3–4 x field sessions
Open to all over 18yrs, half price for under 30s

Where

Burke and Wills Lodge, Swan Hill and surrounds

Cost

\$250/\$65 concession*
**full time students, health care card and pensioner card holders*

**Half price
for under
30s!**

Applications close 27 August
For more info & to apply go to
vnpa.org.au/naturestewards



Energy,
Environment
and Climate Action



THE PANTRY STOP

The Pantry Stop is in the Wellbeing Room (Rm. 6 3/4)
 Students can come to take food home
OPEN MONDAYS 3.24PM
 (for 20 minutes only)



**MURRAY MALLEE
 TRAINING**
 CO. LTD.

Current Apprenticeships

- **Bricklaying**—Swan Hill
 Setting up and laying bricks using plans and calculations.
- **Engineering Fabrication**—Koondrook & Kerang
 Welding and bolting metal products to fabricate parts.
- **Automotive Refinishing Technology—Spray Painting (School Based)** —Swan Hill
 Applying paint to automotive parts and vehicles, colour matching, buffing and polishing surfaces.
- **Electrotechnology Electrician**—Cohuna
 Install, repair, connect and test electrical equipment and general maintain of electrical products.
- **Automotive Sales**—Swan Hill
 Sell and order Automotive parts, maintain stock, customer service and communicate with suppliers.

Current Traineeships

- **Business**—Swan Hill
 Office management, data entry, answering phones and upkeep of records
- **Hospitality (School Based)** - Swan Hill
 Serve food and beverages while providing table service and advise on menu items.
- **Individual Support—Aged Care**—Barham
 Provide care and support to residents while maintaining a friendly and compassionate environment.

For more information
 contact Rob Hackney on:
 0419 347 206
 Or our Swan Hill office on:
 5033 1216
 Email—info@mmtc.com.au