



School Captains: Nicola Cockroff & Oscar Hogg
Principal: Mr Dean Rogers

TECH TALK 2023



48 Murray Street (PO Box 201), Kerang, Victoria 3579

Telephone: (03) 5452 1062 Email: kerang.tech.hs@education.vic.gov.au

Webpage: www.kerangths.vic.edu.au



"We acknowledge the Traditional Owners of the Land on which our School is situated. We pay our respects to Barapa Barapa Elders past, present and future." KTHS Community.



Term 1 Semester 1.

Vol. 6

10th March, 2023

PRINCIPAL'S REPORT

YEAR 7 BREAKY:

On Thursday this week, a breakfast was held for Year 7 students and parents to "Meet and Greet" the staff at KTHS. This event was held in the Food Technology area and the egg and bacon rolls were prepared by the VET students. This was a great opportunity to touch base with teachers to talk about the Year 7 transition from Grade 6. Overall, the atmosphere was upbeat with lots of conversation and laughter. A BIG thankyou to Mrs Pearce and the VET Hospitality students: Xander Lake, Connor Meharry, Caidyn Goodson and Georgia Smith for cooking the breakfast. Thanks also to all the parents and students who participated and to Ms Ferrier for her organisation.



*Australia
Labour Day*

SUMMER SPORTS:

Congratulations to all those students who competed in the Summer Sports. A good time was had by everyone and speaking with students, they had an enjoyable time. Once again I would also like to congratulate all students on their behaviour. Kerang Technical High School now has a great reputation at sporting events. Pictures and a more detailed report can be found within this week's Tech Talk.

BUS ZONES:

This is a gentle reminder to parents/guardians that the front of the school is designated a bus zone between the times of 8:00am – 9:00am and 3:00pm to 4:00pm. If you park there, even to drop off your child, you run the risk of being booked by the police.

PERMISSION NOTES

Just a friendly reminder to all Parents/Guardians: If you require your child to leave the school grounds for any reason, please remember it would be most appreciative if you could give your child a note to bring to school before classes in the morning so the staff can do the official paperwork. We have concerns that parents/guardians are approving the students after they leave the school grounds when students are phoning their parent.

Thank you in advance for your assistance to send a note in before classes.

The shared vision of Kerang Technical High School is to provide our students with a quality education for the future in an inclusive and supportive environment.

RESPECT

RESILIENCE

RESPONSIBILITY

Reminder: Monday, 13th March is a Public holiday (Labour Day) and there will be no school.

Principal, Dean Rogers

UPCOMING EVENTS MARCH 2023:

Blue Week

Monday, 13th:

LABOUR DAY WEEKEND

Wednesday, 15th

Winter Sports Meetings—GA Times
NAPLAN OPENS - Writing

Thursday, 23rd

Immunisations Yrs 7/10 (9.15am)

Monday, 27th

NAPLAN Closes

CANTEEN NEWS



This year a couple of changes have been made to the operation of the Canteen. To assist with service at the canteen students from Year 11 and Year 12 will be helping Recess and Lunchtime. We trialed this last year with the Year 12's and it worked well. In particular, students doing Hospitality were used as this gave them experience in customer service and contributed to their overall mark. Parents can still help when available and canteen staff would be appreciative of any time made for the canteen.

You can register your interest by contacting the school or talking to the Canteen Manager Lisa Petrie. It is a great way to see how the school is running and get a "feel" for the place while interacting with students and staff.

From Monday, 6th February, the Canteen will close at 11:00am for Recess and 1:30pm for Lunch.

Even though it is early days we have noticed a trend where students are purchasing large quantities of unhealthy foods. To assist them with making healthy choices the school is limiting the number to two items at Recess and at Lunch.

BLUE WEEK

Monday Recess	Connor
Lunch 1	Daniel
Lunch 2	Griffin
Tuesday Recess	Lluan
Lunch 1	kaiden
Lunch 2	Nicola
Wednesday Recess	Bailey
Lunch 1	Xander F
Lunch 2	Bryce
Thursday Recess	Xander F
Lunch 1	Georgia
Lunch 2	Xander L
Friday Recess	Caidyn
Lunch 1	Cody
Lunch 2	Jessie

CANTEEN PRICES

MENU 2023

ROLLS/WRAP/SANDWICHES

Buttered Roll	\$2.50
Chicken Salad Roll	\$5.50
Ham Salad Roll	\$5.50
Salad Only Roll	\$5.00
Ham Roll	\$4.00
Chicken & Mayo Roll	\$4.50
Sandwiches	\$4.50
Wraps	\$6.00
Fruit Tubs	\$5.00



HOT FOOD

Pies	\$4.50
Cup Noodles	\$2.50
Chicken Curry Pies	\$5.50
Sausage Rolls	\$3.50
Garlic Bread	\$2.50



SNACKS

Homemade Cookies	50cents
Homemade Yo-yo's	\$2.00
Homemade Muffins	\$3.50
Glazed or Iced Donuts	\$3.00
Hot Cheese Roll	\$2.50
Chip Varieties	\$2.50
Frozen Yoghurt	\$2.50



DRINKS

Water 600ml	\$2.50
Prima	\$2.00
Nippy 375ml	\$3.50
Nippy' 500ml	\$4.50
Gatorade	\$4.50
Riverport Varieties	\$4.50
Pump 750ml	\$3.50
Pump Flavoured 750ml	\$4.00
450ml Nippy Variety's	\$3.00



Following is a selection of the **Daily Specials**. Lisa will put each day's Special on the board at school, and send out a weekly Xuno message to all families. Parents can also see the menu on the Weekly Tech Talk.

Fish and Chips	\$6.00
Sweet Chilli Chicken Wraps	\$6.00
Chicken Alfredo's	\$6.00
Hot Dogs	\$4.00
Dim Sims	\$1.00
Baked Potatoes	\$6.00
Pizza's	\$5.00
Chicken Schnitzels	\$6.00
Meatball Sub	\$6.00
Homemade Spag Bol	\$6.00
Homemade Chicken Pasta	\$6.00
Zinger Burgers	\$6.00
Hamburgers	\$6.00
Chicken Parma	\$6.00
Fried Rice	\$5.50
Lasagne	\$5.50
Nacho's	\$5.00
Sweet Sour Pork with Rice	\$6.00
Wedges	\$6.00



A SENSE OF BELONGING

Having a **sense of belonging** means acceptance as a member or part of something. It is a human need, just like the need for food and shelter.

Feeling that you belong is most important in seeing value in life and in coping with intensely painful emotions.

Belonging helps us feel valued, needed, safer & accepted by others and that our efforts are worthwhile.

Here are some ways to help someone to feel they belong:-

- One of the simplest ways to establish a sense of belonging is by **Smiling and making Eye Contact**.
- **Know their name**, spelling it correctly & asking how you want to be called.
- **Take time to talk to them**, listen to them, take an interest in them.
- **Give them a space to call their own**.
- **Welcome them back** if they have been away.
- **Be honest** with them and **trust** them.
- **Include them** and appreciate their contributions...**no put downs**.
- If you don't like what they did, **don't hold it against them**.

Cheers Meg

What if I Feel Like I Don't Belong?

None of us can belong to all the groups we'd like to, but it is really important that we feel we belong somewhere and have some connections. If you do feel cut off or isolated, talking with a trusted friend, adult or health professional can really help. Some other helpful resources include:

WEBSITES www.youthbeyondblue.com www.lifeline.org.au www.sane.org www.reachout.com www.headspace.org.au www.inspire.org.au	HELPLINES Youthbeyondblue: 1300 22 4636 Kids Helpline: 1800 55 1800 Lifeline: 13 11 14 Sane Australia: 1800 18 7263	ONLINE COUNSELLING www.kidshelp.com.au
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SENSEABILITY

IMPORTANT NOTICE:

Please advise the school as soon as possible if your details we currently have on file may have changed in any way - it is imperative that we have the correct addresses and phone numbers, especially at this time.

Due to the School Office with limited staff at present, it would be appreciated if you could email the school on: kerang.tech.hs@education.vic.gov.au or Xuno message. *Thank You.*

BUS ZONE SIGNAGE

ANOTHER FRIENDLY REMINDER TO ALL DRIVERS REGARDING THE BUS ZONE WHICH IS SITUATED OUT THE FRONT OF OUR SCHOOL GROUNDS AS PER PHOTOS. ZONE TIMES ARE BETWEEN THE HOURS OF 8-9am AND 3-4pm. IT HAS BECOME A LITTLE BIT OF A NIGHTMARE SINCE THE START OF THE SCHOOL YEAR WITH TRAFFIC COMING AND GOING AND PLEASE BE AWARE, THE VICTORIA POLICE & SHIRE RANGER DO THEIR SURVELLIENCE AND THE FINE IS HEFTY, SO PLEASE, DO NOT DROP OR COLLECT YOUR CHILDREN BETWEEN THE DESIGNATED HOURS. *Thanking you in advance.*



Junior Boys, Senior Boys & Girls & Intermediate Table Tennis

A successful day at Swan Hill for our Table Tennis teams with the Junior boys taking out their competition in a clean sweep. Some impressive play was witnessed as both Tyler and Mitch Bilton finished the day undefeated. Ezekiel and Clancy were also impressive in their first competition for the school.

Our Senior Girls were also victorious with strong play by Montana supported by Nicola, Ebony and Lily.

Our intermediate mixed were left with two players so required a few fill ins for their matches. Well done Crystal and Phoenix playing with a variety of teammates.

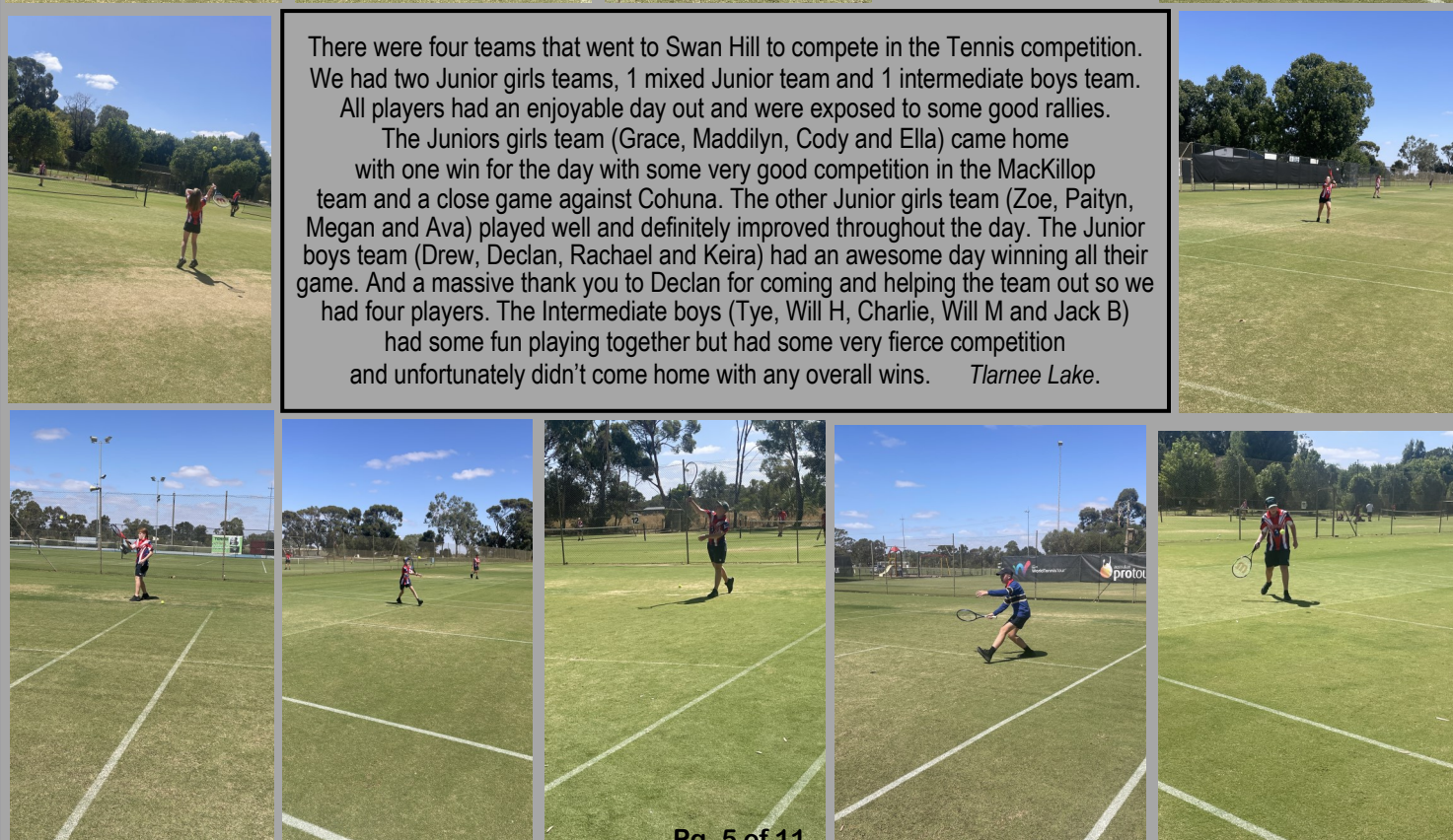
The Senior Boys went down in the final 4-2 against MacKillop, however showed great team play assisting in the scoring for the junior grades throughout the day. Regards, *Nathan Henry*



TENNIS



There were four teams that went to Swan Hill to compete in the Tennis competition. We had two Junior girls teams, 1 mixed Junior team and 1 intermediate boys team. All players had an enjoyable day out and were exposed to some good rallies. The Juniors girls team (Grace, Maddilyn, Cody and Ella) came home with one win for the day with some very good competition in the MacKillop team and a close game against Cohuna. The other Junior girls team (Zoe, Paityn, Megan and Ava) played well and definitely improved throughout the day. The Junior boys team (Drew, Declan, Rachael and Keira) had an awesome day winning all their game. And a massive thank you to Declan for coming and helping the team out so we had four players. The Intermediate boys (Tye, Will H, Charlie, Will M and Jack B) had some fun playing together but had some very fierce competition and unfortunately didn't come home with any overall wins. *Tlarnee Lake.*



Junior Boys Basketball

On Tuesday the Junior boys basketball team headed up to Swan Hill for the summer sports day. We played three games for the day against Cohuna, Swan Hill College and Mackillop College.

We started the day really well and won our first game against Cohuna 27-11. We played really well as a team and moved the ball around the court well.

Our second game against Swan Hill College was a really close game. Once again we worked well as a team. It was tight all game, but unfortunately we just couldn't quite get in front.

Our third game was against Mackillop College. They were a very good team and unfortunately we couldn't get in front. We made our goal to do better in the second half then we did in the first half and we were able to achieve that goal.

All in all we had a great day out in Swan Hill. Congratulation to Bryce, Hugh, Sam, Oakley, Kai, Oscar, Jacoby and Sax-on for representing the school in such a positive manner.

Our best players for the day were Bryce, Hugh and Oscar.

Luke Murphy, HPE Teacher.



MORE SUMMER SPORTS PHOTOGRAPHS IN NEXT WEEK'S TECH TALK.

How magnificent was the weather and students at our House Swimming Carnival back on Friday, 10th February. You couldn't get any closer than 1 point separating our two houses.

A huge thankyou to all the staff and parents who assisted today.

Congratulations to all students who participated and a special congratulations to our

KTHS SWIMMING CHAMPIONS

10th February, 2023



JUNIOR BOY: Sam Hollingworth

INTERMEDIATE BOY: Sam Whinfield

SENIOR BOY: Xander Lake

JUNIOR GIRL: Lily Wise

INTERMEDIATE GIRL: Aleeyah Wilkinson

SENIOR GIRL: Hannah Gardiner & Georgia Smith

LODDON- 264PTS

MURRAY- 263PTS

School Photos 2023 - Kerang Technical High School

ANNUAL SCHOOL PHOTOS INCLUDING SIBLING PHOTOS WILL BE TAKEN BY ARTHUR REED PHOTOS ON THURSDAY 30TH MARCH 2023. **THERE IS NO NEED TO RETURN ANY FORMS OR MONEY TO SCHOOL.** UNIQUE IMAGE CODES WILL BE ISSUED TO ALL STUDENTS ON/AFTER PHOTO DAY SO FAMILIES CAN REGISTER ONLINE TO VIEW IMAGES WHEN THEY BECOME AVAILABLE IN THE WEBSHOP.

REGISTRATION IS SIMPLE, JUST FOLLOW THE 3 SIMPLE STEPS ON YOUR CHILD'S PERSONALISED FLYER ONCE YOU RECEIVE IT AND REMEMBER TO ADD THE CODES FOR ALL YOUR CHILDREN ATTENDING THIS SCHOOL. EVEN IF YOU REGISTERED LAST YEAR, IT'S IMPORTANT THAT YOU DO IT AGAIN THIS YEAR.

USING YOUR CHILD'S 2023 IMAGE CODE TO LINK THEIR IMAGES FOR THE CURRENT YEAR WITH YOUR CONTACT DETAILS. WHEN IMAGES ARE READY TO VIEW AND IN THE WEBSHOP, ALL PARENTS WHO HAVE REGISTERED WILL BE NOTIFIED BY SMS AND EMAIL. **ONCE REGISTERED, PLEASE WAIT FOR NOTIFICATION THAT 2023 IMAGES ARE ONLINE TO VIEW BEFORE MAKING YOUR PURCHASE.**

SCHOOL PHOTOS 2023 - Important Registration Information



School Photographs will be taken at

Kerang Technical High School

Thursday 30th March 2023

There is no need to return any forms or payment to school before photo day

Flyers with Unique Image Codes will be issued to all students on or after photo day

When you receive your child's 2023 image code

Follow these 3 simple steps -

1 Go to order.arphotos.com.au and enter your child's **2023 image code**



2 Tap on 'Add another child' to enter the image codes of any siblings



3 Fill in your contact details & review before confirming your registration*



*This information will only be used for distribution of personal image codes and ordering details.

That's it!

It's important to register each year to link your child's NEW images to your contact details. When 2023 images are ready to view in our secure webshop you'll be notified by email and SMS

- **Create photo packages with any layout & YOUR choice of images + Multiple Image Downloads**
- **Order on any mobile device**
- **Share the images with family & friends for FREE**

**** Please wait to receive notifications that new images are online BEFORE ordering for 2023 ****



EVERY DAY COUNTS

EVERY DAY COUNTS

SECONDARY SCHOOL ATTENDANCE

Going to school every day is the single most important part of your teenager's education. Students learn new things at school every day – missing school puts them behind.

SCHOOL IS BETTER WHEN YOUR TEENAGER IS THERE

Why it's important

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day.

Students develop good habits by going to school every day – habits that are necessary to succeed after school, whether in the workplace or in further study.

Missing school can have a big impact on students academically and socially. It can affect their test results, including VCE & VCAL, and, just as importantly, it can affect their relationships with other students, and lead to social isolation.

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.

Each missed day is associated with falling behind in subject topics and assessment tasks, and lead to fewer subject choices and may impact on achievement in years 11 and 12 and post-school pathways.

Getting in early

It's never too late to improve attendance. Even in the middle years, when school can seem the most challenging for students and when attendance rates can be at their lowest, going to school more often can make a big difference. **Every day counts.**

Schools are there to help – if you're having attendance issues with your child, speak to your school about ways to address those issues.

IN VICTORIA SCHOOL IS COMPULSORY FOR CHILDREN AND YOUNG PEOPLE AGED 6 – 17 YEARS

Student Absences

The main reasons for absence are:

Sickness – There are always times when students need to miss school, such as when they're ill. It's vital that they're only away on the days they are genuinely sick, and setting good sleep patterns, eating well and exercising regularly can make a big difference.

Family holidays - It's vital that holidays are planned during school holidays where possible, and not during the term. If you are planning to go on holiday during term time, make sure that you talk to your school in advance, and work with them to develop an absence learning plan.

"Day off" – Think twice before letting your teenager have a "day off" as they could fall behind their classmates – every day counts.



EVERY DAY COUNTS

Truancy – This is when students choose not to go to school without their parent's permission or skip out of school during the day. There can be many reasons for truancy; the best way to address this is for schools and parents to work together.

While all absences can effect academic performance, DET's statistics show that unexcused absences are a much stronger indicator of lower reading and maths achievement.

School refusal - School refusing children experience significant emotional distress not only when going to school but also at the thought of going to school; they may be absent from school for weeks or even months at a time. School refusal differs from truancy as children generally stay home with the knowledge of the parents and despite their best efforts to encourage their child to go to school. See: [My child or teenager has anxiety](#)

BEING AWAY FROM SCHOOL FOR 1 DAY A FORTNIGHT EQUALS MISSING 1.5 YEARS OVER 13 YEARS OF SCHOOL

If your teenager is away

If for any reason your teenager must miss school, there are things you can do with your school to ensure they don't fall behind.

- Inform the school via your teen's Form/Home Room teacher or Year Level Coordinator
- Find out what work your teenager needs to do to keep up.
- Develop an absence learning plan with your teenager's teacher and ensure they complete the plan.

Remember, every day counts. If your teenager must miss school, speak with your home room teacher or year level coordinator as early as possible.

Openly communicating with your teenager's school about all absences is a good way to prevent attendance issues being escalated to a School Attendance Officer. A School Attendance Officer is a Department of Education and Training Regional Director who has authority to follow up attendance issues. Chronic or ongoing attendance issues that are escalated can lead to an Infringement Notice being issued to parent/s.

If you're having attendance issues with your teenager, please let the year level coordinator, wellbeing coordinator, principal or other relevant staff member know so you can work together to get your teen to school every day.

TOP ATTENDANCE TIPS FOR PARENTS

- Schools want to work in partnership with parents – act early if you have any concerns by contacting your child's school and asking for advice and support
- Remember that every day counts
- There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes and their social connectedness
- Talk positively about school and the importance of attending every day
- Open and prompt communication with your child's school about all absences is a good idea
- Avoid making routine medical and dental appointments during the school day or planning family holidays during the term
- Seek help from your school if you are concerned about your child's attendance and wellbeing. Schools want to work in partnership with parents to support student attendance and wellbeing.

FURTHER INFORMATION

For more information and resources to help address attendance issues, visit:

<https://www.education.vic.gov.au/school/teachers/studentmanagement/attendance/Pages/improve-attendance.aspx>

WANTED

Hi, our Wellbeing team would appreciate any pre-loved, in good condition uniform, you no longer require. If you do, please bring it to the KTTHS Front Office, attention "Sharon" or "Meg" and we can forward it onto students who need it.

Cheers Sharon & Meg



**30th Cohuna
Bridge to Bridge
Sunday, March 5**

Ride / Run / Walk

Apex Park, Island Rd. Cohuna



- Mawsons Kids K
- thegannawarra.com.au 6.5km Fun Run/Walk
- North Central CMA 12.5km Trail Run
- Cohuna Auto Electrical 21.1km Trail Run
- AWMA Water Control Solutions 6.5km Junior Cycle
- 25km Cycle
- 50km Cycle
- Virtual options for each event



Major fundraiser for the
with proceeds going towards an upgrade to the outdoor area for the aged care residents in the nursing home.



Neighbourhood Houses
The Heart of Our Community

Organised by the
Bridge to Bridge Committee, under the auspices of Cohuna Neighbourhood House.

www.bridgetobridge.org.au for full details and to enter
REGISTRATIONS CLOSE: Saturday, March 4 at 3pm



HYGIENIC MACHINE WASHABLE MATS

Neoprene is wetsuit material, renowned for its incredible durability & comfort. Neoprene is extremely tough & low maintenance.

INDOOR & OUTDOOR MATS

- Indoor AND Outdoor
- 100% waterproof
- Hose down or machine wash
- Non-porous
- Non-slip / Non-trip
- Will not fade
- Ultra durable

SALE!!!

BUY 2 SAVE \$40 EACH (REGULAR PRICE \$159.95)
BUY 1 SAVE \$10 EACH (REGULAR PRICE \$169.95)

FREE DELIVERY (within 12 months manufacturing warranty)

*Agreed royalties are paid to Yirakuri Artists
Invoices available on request
afterpay available

Connection to Ancestors by Kamara Morgan
My Country by Kamara Morgan
Beenyup (Place of Water) by Maarakool Art
Big Blue Turtle by Yirakuri Artists

please email playtimemarket@bigpond.com
Visit our website WWW.PLAYTIMEMARKET.COM.AU

MACORNA FNC IS CALLING ALL JUNIOR NETBALLERS! NET SET GO UNDER 12 UNDER 14 UNDER 17



Tigertime

Express your interest in playing in season 2023 by contacting us today!

Facebook Messenger the following coaches:

NET SET GO: LEEZA WISHART

U12: JO BEAR

U14: LAURA BENNIE, JACINTA FERRIS

U17: CAT WHINFIELD, BRIELLE OMEARA

HEAD OF NETBALL: LEAH LACY

Please note if our coaches have already been in contact no need to contact again.

Level 1 Sports Trainers Course-\$285 (Time 8.30am-5pm) / Re-accred course-\$120 (2.30pm-5pm)

Venue-Wycheproof-Narraport Football Club rooms , Calder Highway, Wycheproof Vic 3527

Date-Sunday 5th March 2023

Facilitator-Dawn Ferrier

Local contact:

Rhonda Allan, Mallee Sports Assembly

Email:

rhonda@malleesportsassembly.org.au

Ph: 0427 780 109



Mallee Sports Assembly

SWAN HILL TRUCK SERVICE
EST. 1987

Apprentice Diesel Mechanic

Swan Hill Truck Service are currently looking for an to join our team. An opportunity with any KTTHS students who may be interested in pursuing a career as a Diesel Mechanic to contact us about doing work experience throughout the year. If you have any further queries please don't hesitate to give us a call at the office 03 5033 1501 or you can contact myself directly on 0428 18 72 63.

Helen Coffey, Accounts, 5 Shepherd Road, Swan Hill.

Ph: (03) 50331501 Fax: (03) 50331502 Email : helen@shts.com.au

K.T.H.S. SCHOOL COUNCIL NOMINATION FORM

FORM 3: SELF-NOMINATION FORM FOR PARENT MEMBER CATEGORY (Formerly Schedule 5A)

wish to declare my candidacy for an elected position as a parent member on the

..... council.

Name

Residential address

Contact phone (mobile or landline)

Email

I am the parent/guardian of who is/are currently enrolled at this school.

Statement

I am an employee of the Department of Education and Training.	Yes / No (please circle)
I am an employee of the school council.	Yes / No (please circle)
I am engaged in work at and for the school.	Yes / No (please circle)

I am prepared to serve as a Parent member of the above-named school council. I hereby declare that:

I am not, and have ever been, insolvent under administration

I am not of unsound mind

I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence

I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.

I am not suffering from any medical condition that would affect my ability to perform the role of member of a school council.

Signature of candidate..... Date / /

You will be notified when your nomination has been received.

The personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.

Your name will be included in a list of school council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable). Further, the name, membership category, gender (optional), term of office, office held (if any) of school council members and notification whether the member is an employee of the Department will be forwarded to the Department of Education and Training by the principal by 30 April each year as a record of council membership and may be used for statistical purposes.

You can access your personal information by contacting the principal on:

If you choose not to give some or all of the information requested your nomination may not be accepted.

If you have any queries about the school council nomination process, please contact the principal.