



Tech Talk 2021

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"We acknowledge the Traditional Owners of the Land on which our School is situated. We pay our respects to Barapa Barapa Elders past, present and future." KTHS Community



TERM 1 Semester 1 - VOL 3

26th February, 2021

Event Calendar

Week 6;

Tues 2nd;

Swimming Sports

Swan Hill

Wed 3rd;

PAT Testing

Year 7

Meet the Parents

4.45pm to 6pm

Thurs 4th;

Summer Sports



SCHOOL COUNCIL

MEETING

MONDAY

15TH MARCH

7.30PM

Principal's Report

Review

This week has been focused on the School Review. The Review looks at how the school has performed against set goals established four years ago and is conducted using a Reviewer, Regional representative, two Challenge partners and KTHS Leadership Team. This has been an exhaustive process over the last four days that has delved into all parts of what is KTHS. The Review started with a look at the school's data, exploring NAPLAN results, VCE Results, attendance and retention data. The Reviewers then conducted wide ranging interviews with students from all year levels, staff and parents. Following the interviews, policy documents and compliance were checked off to determine that everything is in order.

After all this, the Reviewer came to a good understanding of where KTHS is at. The final step is to develop the Strategic Plan for KTHS over the next four years. This plan will have a few goals including yearly targets for the school to aim for. These goals will be set around Student Achievement, Student Engagement, Student Wellbeing. In this way KTHS will continue with an improvement plan designed to enhance student outcomes.

Privacy Policy

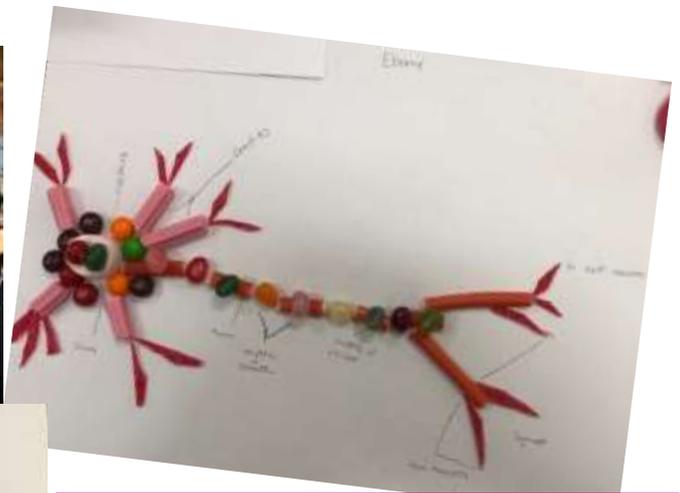
The Department of Education and Training (which includes all Victorian government schools, central and regional offices) values the privacy of every person and is committed to protecting information that schools collect.

All staff including contractors, service providers and volunteers of the Department, and this Victorian government school (our school), must comply with Victorian privacy law and this policy.

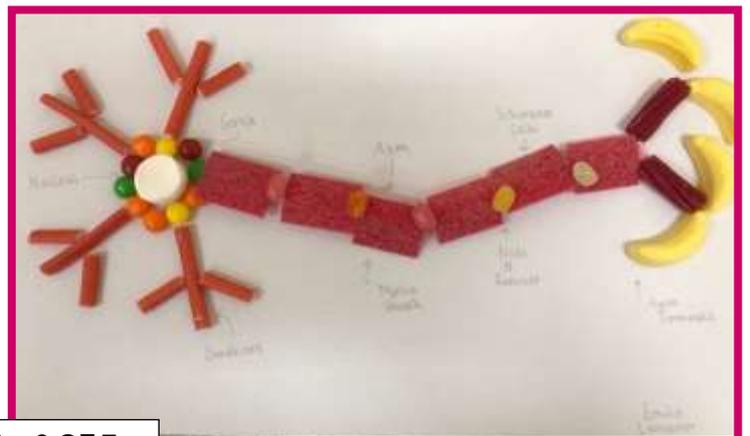
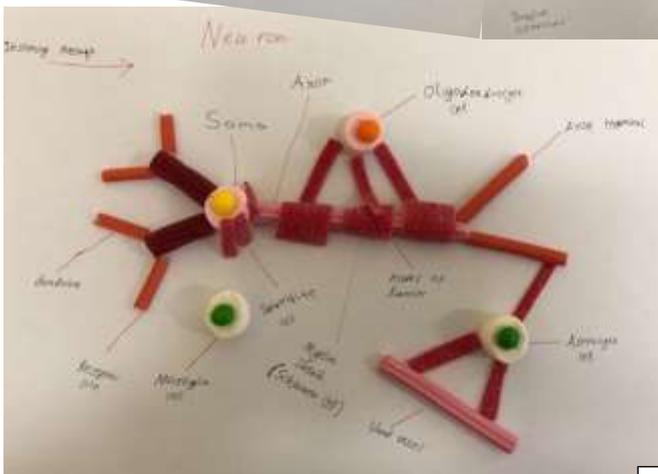
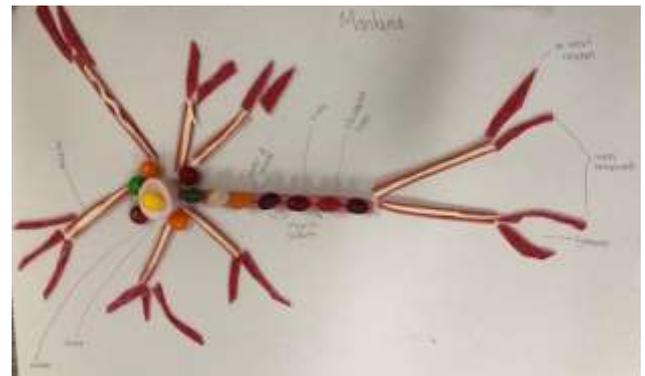
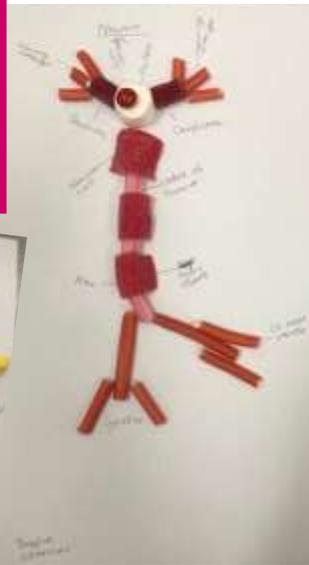
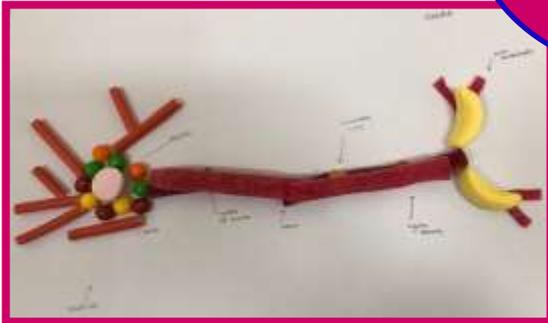
In Victorian government schools the management of 'personal information' and 'health information' is governed by the Privacy and Data Protection Act 2014 (Vic) and Health Records Act 2001 (Vic) (collectively, Victorian privacy law).

This policy explains how our school collects and manages personal and health information, consistent with Victorian privacy law. A copy of the Department of Education's Policy can be found on the School's web Page at www.kerangths.vic.edu.au

Principal, Dean Rogers



YEAR 11
PSYCHOLOGY
MAKE A LOLLY
NEURON



Science & Engineering Challenge is Back in 2021!

The Science Domain will select 32 students to attend the fun filled day completing science challenges, with 2 of our past students, Engineers Toby Hastie and Ester Thomson at the helm. Eager student can let Ms Batchelor or Mr Morison know they would like to attend, and the final 32 will have permission forms sent home prior to February 25.



SCIENCE & ENGINEERING CHALLENGE IS BACK!

The challenge is a nationwide STEM (Science, Technology, Engineering, Math) outreach program that is presented by the University of Newcastle in partnership with communities & a range of sponsors

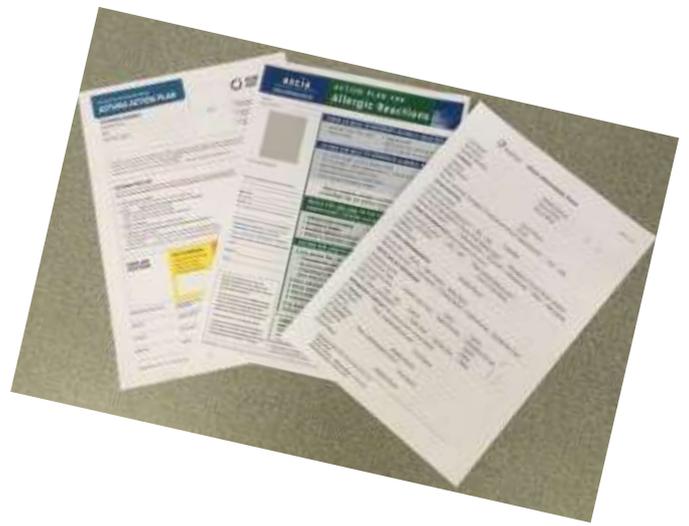
Through this challenge students will be exposed to all aspects of science & engineering.

ARRIVE AT EVENT: 9:30 AM
INTRODUCTION: 9:55 AM
MORNING ACTIVITIES: 10:00 AM
BBQ LUNCH PROVIDED: 11:45 AM
AFTERNOON ACTIVITIES: 12:15 PM
BRIDGE TESTING: 1:55 PM
PRESENTATION: 2:30 PM

THURS FEBRUARY 25TH
THE GRAINSHED SWAN HILL

For more information please contact MMLLEN on 5033 2017 or email projects@mmlen.com





Dear Parents,

KTHS is fortunate enough to have access to a [Doctors in School Service on Tuesdays from 10.00-2.00pm.](#)

- **It's free (bulk billed through Medicare) and all you need to do is fill out the NDCH Form once**, then you are on the system.
- You can book your child in to see the Nurse Practitioner, Yvonne Fabry, with Miss Zoe Ferrier (or on ZUNO) at the School Ph. 54521062 for an appointment.
- Parents and carers are welcome to come with their child.
- **It's a great way to get the Annual Actions Plans completed that the school requires annually.**
- The Nurse Practitioner helps with physical, mental, sexual and reproductive health and can complete Annual Asthma, Allergy and Anaphylaxis Action Plans.

For further information, go to the following link:

<http://www.education.vic.gov.au/about/programs/health/pages/doctors-secondary-schools.aspx>

KTHS UNIFORM STORE

Opening Hours

Normal Hours – Tuesday and

Thursday 3:30pm to 4:30pm

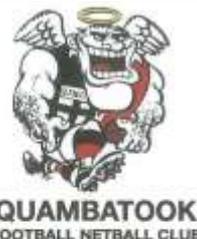
Location – Old Uniform Store

(off the Quadrangle)

Anthony is available at additional times by

Appointment

**Anthony Lake – 0408 754 620 or
sales@legendapparel.net.au**



SEEKING NEW PLAYERS

Quambatook Football Netball Club

Seeking **new players** for Under 14 age group for 2021.

Boys and Girls Welcome and will get a game.

Family friendly Club

All junior players get **FREE Memberships.**

Each player will also receive **FREE Shorts and Socks**

Come **join our great club** as you will be made most welcome

Trainings are on Thursday Nights at 5.30

At Quambatook Football Ground

Training Starts 25th March 2021.

Contact Toby Cameron on 0457 602 761 for further details.



Sleeping 8 hours a night makes you healthier

Getting 8-9 hours each night can improve your Memory, your Wellbeing, get better Grades, Heals your Body and helps you stop being Cranky.

- Sleep helps the brain solidify memories so you remember more in exams.
 - **Even an extra ONE HOUR'S sleep can improve your memory.**
 - The more you sleep, the more memory you store, the better your grades.
 - **You can lose up to 40% of your memory if you don't get enough sleep.**
 - Good regular Sleep improves your mood and gives you a positive attitude.
 - Grumpy poor Behaviour can improve with better sleep.
-
- ◇ Sleep keeps your Heart healthy and reduces Stress.
 - ◇ Sleep helps with Grumpy Behaviour.
 - ◇ Sleep makes you more Alert.
 - ◇ Sleep bolsters your Memory.
 - ◇ Sleep helps the Body make Repairs.
 - ◇ Sleep may reduce your risk for Depression and lose Weight.
 - ◇ Sleep may prevent Cancer, Inflammation and Infection Risk.

The Wellbeing Team are organising a **short 30 minutes Zoom session in March** for any interested parents who would like some Sleep Hints for their children.

Cheers Meg



supporting young people during COVID-19

headspace Swan Hill in partnership with headspace National, are hosting a webinar for parents and carers of young people to support their mental health through COVID-19.

Information presented will:

- Strengthen your understanding of mental health and mental health literacy.
- Build skills and strategies to support the mental health and wellbeing of your young person, including their transition to work and study.
- Build awareness of local, state and national supports available to young people.
- Showcase local headspace centre community resources.

The webinar will consist of a presentation on youth mental health, followed by a panel with guest speakers.

When

Monday 15th March 2021
7pm – 8.15pm AEDT

How do I register?

Click here to register via Eventbrite, or type the URL below into your web browser:

<https://www.eventbrite.com.au/e/swan-hill-covid-19-parent-and-carer-webinar-supporting-young-people-registration-133044735385>

After you have registered, you will receive an email confirmation from Eventbrite which will include the Zoom meeting link to access the webinar.

Contact

For more information email:
headspaceSchools@headspace.org.au

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health