

# TECH TALK 2019

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TERM 3 Semester 2 - VOL 24

9th August, 2019

"We acknowledge the Traditional Owners of the land on which our School is situated.

We pay our respects to Barapa Barapa Elders past, present and future."

*KTHS Community*

## PRINCIPAL'S REPORT

**Dr Karl**

Congratulations to all staff and students who participated in the Doctor Karl live skype presentation last Wednesday. Feedback from everyone said that he was entertaining and engaging. Students and staff posed a number of science questions for Dr Karl to answer on the spot. Questions such as ;

*What is an Aerogel, how does it work and what is it used for?*

*If human beings 'remove' carbs from their diet in preference of higher fats, how does this impact our Cell Membranes and is there a link with the occurrence of Cancer or other mutation Diseases?*

*Do cows see in black and white? If so, what other animals do too?*

*If the Universe is expanding, what is it expanding into or displacing?*

As it was held over lunchtime attendance by students was voluntary and I was very proud to see how many attended.

You can follow the session on the KTHS Facebook

### Parent Opinion Survey

Reminder to all parents that if you received a Parent Opinion Survey could you please take time to complete it. We value your input and at the moment only 15% have responded. This is important to the school to get as many, and varied responses from the community so we can see a true reflection of what parents think about their child's education at Kerang Technical High school. The closing date for the online Parent Opinion Survey has been extended to Sunday 18 August 2019.

If you have any questions or need some help please do not hesitate to contact the school.

### Did You Know?

Every month a number of students, along with the Chaplain help deliver Meals on Wheels. This is a great initiative which gives students from KTHS the opportunity to interact with a range of people, giving back to the community. This week Lachie Alexander and Ben Gordon assisted with the deliveries.

*Dean Rogers, Principal*



**SCHOOL COUNCIL  
NEXT MEETING:  
Mon. 19th August 7.30pm**

### EVENTS CALENDAR:

**TERM 3 JULY**

**Wed 14th;**

House Athletics Carnival

### Helpers Needed:

### Athletics Carnival

**Wed Aug 14th**



Here we come a marching  
To see what we can do,  
We are the blue bloods through and  
through,  
Blue is our banner,  
Loud is our call.  
LODDON, LODDON THE  
BEST TEAM OF ALL.....

**HOUSE ATHLETICS CARNIVAL**

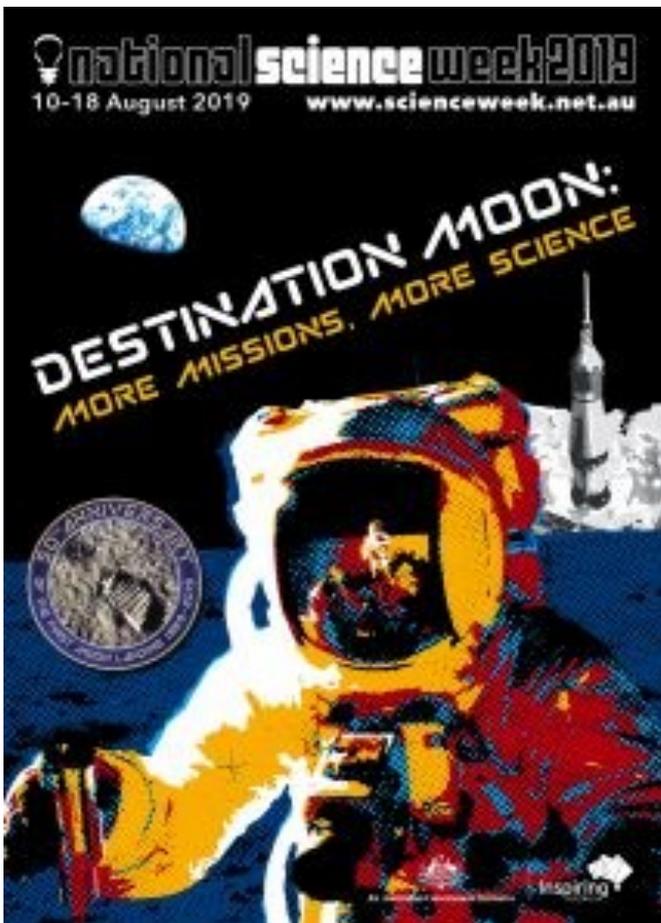
# Grade 6 Transition Week at KTHS



Over the past three days we have had the pleasure of welcoming over 60 local Grade 6 students to our school. On Tuesday we had St. Joseph's Primary School and Kerang Primary attend, whilst students from Koondrook Primary School, Lake Charm Primary School and Murrabit Group School attended on Wednesday. Yesterday our last group, Kerang South Primary School attended. We also welcomed one student from Carlton North Primary School who will be relocating to Kerang next year. Over the three days the students were exposed to a range of subjects including Food Studies, Physical Education, English, Music, Mathematics, Science, and Health. It was amazing to see the transformation and confidence develop throughout the day with the students feeling a little less anxious and now eager and excited to return for their second transition day on October 28. I would like to thank our teachers who accommodated the students during the week, as well as the parents/guardians and our Grade 6 teachers/Principals for preparing the students.

**Zoe Ferrier, Junior School Leader**





*In Support of KTHS Chaplaincy*  
*an evening of*  
**JOHN DOYLE'S**  
**EVERGREEN MUSIC**  
*and a delicious supper!!*

**7.30 pm Saturday**  
**10th August**  
**St John's Anglican Hall Kerang**

**Supper Provided BYO drink & nibbles**  
**Adult \$15 Student \$5**  
**For Tickets/Bookings**

**Claudia ... 54521835 0476297391**  
**Wendy ... 54521136 0407266741**

# Exchange Student

## Christian Year 10 KTHS



Name: Christian Caillaud  
Country: France  
Home town: Ville-sur-Ilon  
How many people live in my home town?  
- About 500 (a little)



Why did I choose to go on exchange?  
- Opportunity to,  
- A bit of support  
- Wanted to try it (as it is a challenge)  
- See Australia's wildlife  
- Finally speak good English

At KTHS Christian is able to undertake Woodwork Classes. In France, students either study Academic Subjects or Tech Subjects, not both if they choose. Christian has excelled at learning Woodcraft Techniques and was able to complete a timber box to take home.



## How does school differ between Kerang and home?

The main difference is the time table.

In France, the school days start at 8 am, finish at 5 pm, and as

I am a boarder, I have 2 more hours of study everyday (the

Wednesday is a bit shorter, about as much hours as in KTHS)

The timetable is a bit more shapeless, there are 1 hours  $\frac{1}{2}$ , the recess,

lunch time and classes vary from the different grades.

Less free time (I'm a boarder)

Less choices around subject (more mandatory subjects)

We use our school bags all the time instead of carrying stuff by hand

We study more languages: 3 mandatory languages, French,

English and Spanish or German (some study more

languages like Latin and Greek)

We have many more students (approximately 1500 students)

The school is a bit harder (assessments all the time)

Bigger gap between younger students and older students

(affiliated buildings depending on age group/choices, as there are more students, separated playgrounds, places, 2 canteens.

It is not done on purpose, just that there are many more students.

There are no houses, just 'classes' groups

No uniforms

When a teacher is not here, he may not be replaced, and we won't

have class at all. In KTHS, I did not have any hours outside of a classroom, no teachers at all. In France, not having class is common.

## What has been the best thing about exchange?

Seeing Australian animals like kangaroos

## What places have I been to/ want to visit in Australia?

I've been to Melbourne, the MCG and rode the Melbourne star

I wanted to see the Kata Tjuta, knowing that it will be closed,

but it's too far away, and anyways I've had the

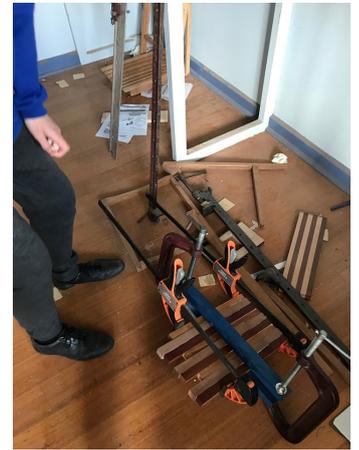
occasion to go on a lot of others mountains.

## Other comments about myself or the program:

One of the proudest thing I've done was speaking at the School Assembly.

I liked the challenge of speaking in front of an assembly.

Christian will return home to France during August,  
with his timber box and a Metalwork spoon made at KTHS.





## Expressions of Interest for the Kerang Ag Deb 2020

Contact:

- Jorja McDonald (0419 612 250)
- Libby McIntosh (0448 367 503)
- Tiarna Shepherd (0419 820 583)
- Sue Poole (0427 569 282)

## Canteen News

**OUR CANTEEN MANAGER WILL BE ON LEAVE  
FROM 12TH AUGUST UNTIL MON 2ND SEPT.**

**DURING THIS TIME IF YOU ARE UNABLE TO  
FULFIL YOUR CANTEEN DUTY DAY PLEASE**

**CONTACT THE KTHS FRONT OFFICE**

**54 521062**

**SO ALTERNATIVE ARRANGEMENT CAN BE MADE  
(NOT DIRECT TO THE CANTEEN MANAGER)**

## House Athletics Helpers Wanted!

KTHS House Athletics event  
is being held on  
Wednesday 14th August  
(Week 5, Term 3).

If there are any parents/guardians  
who want to help out with the  
organisation of the day,  
please contact the school either  
by:

Calling the office  
Replying interest on Xuno

Email Miss Burton:  
[burton.tessa.a@edumail.vic.gov.au](mailto:burton.tessa.a@edumail.vic.gov.au)



# WheelTalk Wheelchair Basketball

On Monday the 5th August KTHS was fortunate enough to have Disability Sport and Recreation Victoria travel up to deliver the WheelTalk awareness program. The WheelTalk inclusion awareness program is an initiative of Disability Sport & Recreation. It encourages students to think about diversity, acceptance and disability – with a primary focus on inclusion. This focus aligned with the current Year 11 Physical Education outcome on issues in sport. It was also a fantastic opportunity for the year 9 cohort to build their resilience and acceptance of others in a motivating and enjoyable environment.

Presented by Australian Gold Medal Winning Athlete Orfeo Ceconato OAM, the sessions delivered great insight around some of the barriers faced as a disabled athlete but more importantly the opportunities it has created across his career. The key message from Orfeo was that everybody has a choice about how they respond to adversity and challenges. His belief is to look at the positives and to do everything every day to the best of your ability.

The session finished with the student participating in Wheelchair Basketball, once students adjusted to the chairs and with minimal changes to rules, students engaged in an enjoyable and challenging session with the emphasis on inclusion and team-



Water Wonderland Debutante Ball 2020



## ~Expression of Interest~

Exciting times ahead for the

Kerang Football Netball Club,

having just taken on the

Water Wonderland Debutante Ball.

With that, we are now looking for anyone that would

be interested in joining the

2020 Debutante Ball Committee.

If you are interested in joining or would like more information, please contact Kirstyn on 0408509221 or email: [kirstynwaddingham@live.com.au](mailto:kirstynwaddingham@live.com.au)

☆☆☆

Are you or someone you know interested in making their debut with us in 2020??

Please contact me to put your name down also.

1<sup>st</sup> August 2019



## Comedy in Gannawarra

Two of Australia’s best stand-up comedians are coming to Kerang and Cohuna thanks to NDCH and the Victorian Government’s FReeZA initiative. Geraldine Hickey and Luka Muller will coach secondary school students in workshops during the September school holidays. After the workshops, Geraldine and Luka will showcase their comedic talents at a gala performance evening.

NDCH CEO, Mandy Hutchinson was delighted with the idea. “This is a fantastic opportunity for young people in our area to learn skills in public speaking, comedy and confidence. The Cohuna Comedy Gala will be fantastic for the community to get together and enjoy a night out.’

Geraldine Hickey has had a brilliant start to the year. Her latest show ‘Things Are Going Well’ received a nomination for the Melbourne International Comedy Festival Award for most outstanding show. She also took home the coveted comedians’ choice ‘Piece of Wood Award’. A regular of the Australian comedy scene, Geraldine has been seen on the Oxfam Comedy Gala, Upfront: The Queens of Comedy Gala, Tonightly and Comedy Next Gen. For the last three years Geraldine has also been a co-host on the much loved breakfast radio show *Breakfasters* on RRR, and has made multiple appearances on ABC, Triple M and the Hit Network.

Geraldine will be running workshops for students in Kerang on 23<sup>rd</sup> September and in Cohuna on 24<sup>th</sup> September. Geraldine will team up with Luka Muller for the Cohuna Comedy Gala on 24<sup>th</sup> September, and will be supported by some lucky young people showing skills they have learned in the workshops.

Luka Muller is an up-and-comer from Melbourne who has performed all over Australia as well as headlining shows in Edinburgh, London, Berlin, Paris & Amsterdam. He has also sold out shows in the Melbourne International Comedy Festival, Perth Fringe Festival and Adelaide Fringe Festival. Luka has been seen on Comedy Up Late and Live On Bowen and heard on Triple J and ABC Radio.

“I love doing gigs up away from the city and I love Cohuna! It’s a perfect match!” said Luka. “Life can be stressful and it’s important to have a laugh and enjoy yourself.”

Workshops are free for secondary school aged students. Students will have the opportunity to register their interest over the coming weeks. The Cohuna Comedy Gala is appropriate for ages 12 and above. All events are fully supervised and smoke, drug and alcohol free. Free tickets for the

Cohuna Comedy Gala are available from [www.ndch.org.au/events](http://www.ndch.org.au/events), or by calling NDCH reception on 5451 0200.

### Media Enquiries

Matthew Allan, NDCH Youth Health Promotion Worker on (03) 5451 0200.

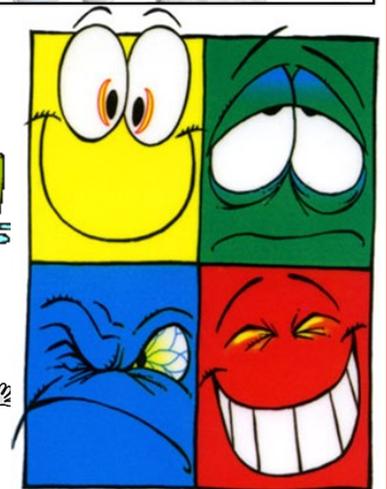


**Welcome to Puberty**

Puberty is something that we all go through as part of growing into adulthood. It’s a time of change. A time where we grow taller, bigger, smellier, hairier, and grumpier.

Just remember, that Puberty means you sweat and smell more, so make sure you shower regularly, clean your teeth, wash your hair with Shampoo, wear Anti-Perspirant Deodorant, and wear Clean Clothes.

Cheers Meg



SUBJECT TO MOOD SWINGS



# ATHLETICS CARNIVAL

## HIGH JUMP RESULTS

Throughout Week 3, all students at KTHS participated in the High Jump Competition leading up to the House Athletics Sports on Wednesday 14th August.

Junior classes competing during their timetabled PE Classes, and the senior groups came into the Hall during lunchtime to showcase their athletic ability with the support from other students at the school.

Well done to all who competed and did themselves and house proud!

A special mention to the following students who broke some outstanding records throughout the week well done!

14 Male: Nathan Boysen jumped 1.52m  
(broke Memphis Benton's 1.42m record from 2017)

15 Female: Remi Macri & Bree Cordina both jumped 1.35m  
(broke Jamey Greenhill (2017) & Lily Den Houting (2017) records 1.25m)



18-20 MALE		
1 <sup>st</sup>	Archer Dibsedale (P)	1.65m
2 <sup>nd</sup>	Samuel Radcliffe (L)	1.60m
3 <sup>rd</sup>	Liam Radcliffe (L)	1.60m
18-20 FEMALE		
1 <sup>st</sup>	Sidney Dyer (L)	1.20m
2 <sup>nd</sup>	Hannah Spencer (P)	1.15m
17 MALE		
1 <sup>st</sup>	Jayden Crellin (W)	1.55m
2 <sup>nd</sup>	Hamish Rookes (P)	1.40m
3 <sup>rd</sup>	Thomas Meehan (L)	1.40m
17 FEMALE		
1 <sup>st</sup>	Lily Den Houting (W)	1.25m
2 <sup>nd</sup>	Emily Copland (L)	1.20m
16 MALE		
1 <sup>st</sup>	Toby Whinfield (W)	1.55m
2 <sup>nd</sup>	Memphis Benton (W)	1.45m
3 <sup>rd</sup>	Jakeb Kelley-Sayers (W)	1.45m
4 <sup>th</sup>	Austin Pearson (W)	1.45m
16 FEMALE		
1 <sup>st</sup>	Tara Cordina (P)	1.30m
2 <sup>nd</sup>	Laura Thomas (L)	1.25m
15 MALE		
1 <sup>st</sup>	Rylee Gitsham (W)	1.55m
2 <sup>nd</sup>	Sean Hunter (P)	1.50m
3 <sup>rd</sup>	Corey Walters (W)	1.50m
15 FEMALE		
1 <sup>st</sup>	Remi Macri (P)	1.35m* <b>NEW RECORD</b>
2 <sup>nd</sup>	Bree Cordina (P)	1.35m* <b>NEW RECORD</b>
3 <sup>rd</sup>	Demi Greenwood (L)	1.15m
14 MALE		
1 <sup>st</sup>	Nathan Boysen (W)	1.52m* <b>NEW RECORD</b>
2 <sup>nd</sup>	Jay O'Gborne (M)	1.47m
3 <sup>rd</sup>	Bohden McKnight (L)	1.45m
4 <sup>th</sup>	Tyson Clingan (P)	1.45m
14 FEMALE		
1 <sup>st</sup>	Eleesha Colville (W)	1.25m
2 <sup>nd</sup>	Jasmine Bortolotto (M)	1.20m
3 <sup>rd</sup>	Montana Keating (L)	1.20m
13 MALE		
1 <sup>st</sup>	Thomas Leahy (W)	1.35m
2 <sup>nd</sup>	Cooper Meehan	1.25m
3 <sup>rd</sup>	Brodie McKenzie (W)	1.25m
13 FEMALE		
1 <sup>st</sup>	Kate Heffer (L)	1.20m
2 <sup>nd</sup>	Jessie Teasdale (W)	1.20m
3 <sup>rd</sup>	Nicola Cockcroft (L)	1.10m



# NDCH

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

## Can we prevent dental problems?

Dental Health Week 5-11<sup>th</sup> Aug 2019



### Absolutely!!!

Dental Health Week is a good time to 'brush up' on healthy tooth tips. Most of us know that we should look after our teeth but we may not know why. Good oral health not only means we are more likely to keep our adult teeth and be less likely to suffer pain from decay, but it also has links to good overall health. Eating for good oral health can help us have better heart health, less risk of diabetes and provide us with more balanced energy for our day-to-day lives. However, many of us are not looking after our teeth properly:

- 65% of Australians haven't seen a dentist in the last two years
- 50% of Australians brush their teeth only once-a-day
- Nearly 40% never floss or clean between their teeth
- A whopping 73% of 14 to 18 year olds are consuming too much sugar

#### 3 key actions for great oral health:

1. Brush twice a day for 2 minutes with a toothpaste that contains fluoride, spit out don't rinse
2. Eat a healthy, balanced diet and limit sugar intake-this includes swapping sugary drinks for water
3. Regularly visit the dentist for check-ups and preventive treatment

Next Week: more on our local Dental Services, including free and low cost services. You don't have to put off going to the dentist because of cost. For more information on Dental Health Week check out the Australian Dental Association website <https://www.ada.org.au/Dental-Health-Week/About>

[www.ndch.org.au](http://www.ndch.org.au)