

# TECH TALK 2019

Murray Street (PO Box 201), Kerang Victoria 3579

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Email: [kerang.tech.hs@edumail.vic.gov.au](mailto:kerang.tech.hs@edumail.vic.gov.au) Webpage: [www.kerangths.vic.edu.au](http://www.kerangths.vic.edu.au)



TERM 3 Semester 2 - VOL 27

30th August, 2019



**SCHOOL COUNCIL  
NEXT MEETING:  
Mon. 16th September 7.30pm**

## EVENTS CALENDAR:

TERM 3 AUGUST

Fri 6th Sept;

Pupil Free Day

Staff Curriculum Day

"We acknowledge the Traditional Owners of the land on which our School is situated.

We pay our respects to Barapa Barapa Elders past, present and future."

*KTHS Community*

## PRINCIPAL'S REPORT

### School Captains 2020

The process for the selection of the 2020 School Captains commenced this week. It was announced at the General Assembly and is open to interested Year 11 students. As part of the process applicants will need to write an application, present for an interview and provide a speech to the whole student population. Students and teachers will then vote for their preferred Captain's. As with last year, this year's School Captains will participate in the interview process. School Captain is a prestigious position and I encourage all year 11's to think seriously about applying.

### Swan Hill Division Interschool Athletics

Last Wednesday students from Kerang Technical High School competed in the Swan Hill Division Interschool Athletics. Students from Cohuna and Swan Hill also competed. Hearing the report this morning from Mrs Demaria the student participation was excellent and their behaviour was just as good. Well done to all students and staff involved as even staff from other schools were commenting on how well KTHS conducted themselves.

### Landscaping

If you haven't had the opportunity to see the landscaping going on, the shade structures are finished, work has begun on the roundabout in front of the Library and the Koorie garden has started to be constructed outside the Red Brick Building. Work is also underway painting the exterior of the Administration Wing opposite the new Cooking Centre. This will make the area all the more inviting for students and staff.

### Pupil Free Day and Staff Curriculum Day

Please be aware Students are not required to be at school on Friday 6th September as Staff will be undertaking training on a Curriculum Day.

### 100 Celebration of Secondary Education in Kerang

Planning is underway to ensure a full weekend of events. The schedule for the celebration and further information, as well as to register interest in events and find the Engraved Pavers Order Form,

[https://docs.google.com/forms/d/e/1FAIpQLSeZG14ieWplaYg\\_DyjlBxrwGoz\\_6k\\_Co-rmb4vFyYeLVLP\\_ew/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeZG14ieWplaYg_DyjlBxrwGoz_6k_Co-rmb4vFyYeLVLP_ew/viewform?usp=sf_link)

Bookings for the Dinner Friday 25th October can be made at,

[www.trybooking.com/BEZCS](http://www.trybooking.com/BEZCS)

*Dean Rogers, Principal*



## Notice to Parents and Guardians: Receiving Hard Copies of Reports

For the Term One interim reports and the Semester One reports, we have been trialling the delivery of electronic copies through the Xuno communication platform. We also provided a hard copy of these reports to all students. We are now however, moving to being fully electronic and only providing hard copies when requested. This will be a considerable saving to the school both financially and time wise enabling us to use these savings in other areas of the school organisation. We recognise however that some people would still prefer a hard copy for various reasons. If you would like to opt into receiving a hard copy then please contact me using one of the methods outlined below.

Phone: 5452 1062

Email: thomson.kathryn.m@edumail.vic.gov.au

Xuno: message Kathryn Thomson

Otherwise you will be able to access your child's interim report via Xuno from 3.30pm Thursday 19th September. Parent teacher interviews will be held early in Term 4 as a follow up to these reports.

If you need assistance to log in to Xuno then please contact the school and we will be happy to help you with this.

*Kathryn Thomson (Teaching and Learning Co-ordinator)*

**Expressions of Interest for the  
Kerang Ag Deb 2020**

Contact:

- Jorja McDonald (0419 612 250)
- Libby McIntosh (0448 367 503)
- Tiarna Shepherd (0419 820 583)
- Sue Poole (0427 569 282)

### QUOTE OF THE WEEK;



Grit is that 'extra something' that separates the most successful people from the rest. It's the passion, perseverance, and stamina that we must channel in order to stick with our dreams until they become a reality."

Travis Bradberry

**JOB VACANCY!**

Kerang Technical High School is looking for an enthusiastic teacher to join our staff for Term 4.

**TERM 4,  
2019**

**Science -  
Years 7-10**

For more information contact Principal Mr. Dean Rogers. 54 521 062

KERANG TECHNICAL HIGH SCHOOL

### UNIFORM STORE CHANGES UPDATE:

The Uniform Store has the following new Opening Hours and location:

**Tuesday, Wednesday & Thursday's**

**Recess - 10.40am to 11.10am**

**& After School - 3.30pm to 4pm**

All uniforms are now located in the Main Administration building.

Please see Ms Cottrell at the General Office or phone her on 5452 1062 with all orders or enquiries.



# Canteen News

OUR CANTEEN MANAGER WILL BE ON LEAVE FROM 12TH AUGUST UNTIL MON 2ND SEPT. DURING THIS TIME IF YOU ARE UNABLE TO FULFIL YOUR CANTEEN DUTY DAY PLEASE CONTACT THE KTHS FRONT OFFICE 54 521062

SO ALTERNATIVE ARRANGEMENT CAN BE MADE  
(NOT DIRECT TO THE CANTEEN MANAGER)

Meg

Paul & Michael's

Musings



R U OK? Day is about encouraging all people to look out for friends, family and teachers by regularly asking them 'are you ok?' and then listening to the answer. We don't have to be an expert to do this because we all have the capacity to reach out and support anyone doing it tough. If you want to organise an event, there are some things you'll need to think about to make sure it's fun for everybody.

## What are the signs of a low mood?

When people feel low, they often:

- Withdraw from their friends or their family
- Lash out at people and get angry or upset really easily, including towards the people they care about
- Cry or become emotional
- Lose interest in activities and things they usually love
- Have changed sleeping patterns. They might be sleeping all the time, not sleeping much at all, or sleeping at strange hours (such as in the middle of the day)
- Have a changed appetite. They could be eating more than usual, or less.



## ~Expression of Interest~

Exciting times ahead for the

Kerang Football Netball Club,

having just taken on the

Water Wonderland Debutante Ball.

With that, we are now looking for anyone that would

be interested in joining the

2020 Debutante Ball Committee.

If you are interested in joining or would like more information, please contact Kirstyn on 0408509221

or email: [kirstynwaddingham@live.com.au](mailto:kirstynwaddingham@live.com.au)

☆☆☆

Are you or someone you know interested in making their debut with us in 2020??

Please contact me to put your name down also.

## RU OK?

A conversation could change a life.

1. Ask R U OK?



Start a conversation using these 4 steps

4. Check in



2. Listen without judgement



3. Encourage action



## ASK RU OK?

It can make a big difference.

Ask a bro



Ask a mum



Ask grandpa



Ask a mate



KTHS is organising a week of R U OK? activities. The aim is to help people be aware of themselves or others, who may be needing help and encouraging you or them to get it. You can get help from:- School Wellbeing Team, Your Doctor, Counsellors, Lifeline 13 11 14 Kids Help Line 1800 55 1800 Headspace, Beyond Blue, Reachout and others.

*Cheers Meg*

# Psychology Excursion by Bonnie Leggett

On Friday 23<sup>rd</sup> August, our dedicated Unit 4 Psychology students awoke bright and early to go down to Melbourne to visit The Dax Centre and The Epworth Sleep Centre in order to help deepen their understanding of topics covered in Unit 4 Psychology.

Our first stop was The Dax Centre, located on the campus of Melbourne University. The Dax Centre houses the Cunningham Dax Collection of over 16,000 artworks created by people with an experience of mental health issues and/or psychological trauma. The art includes works on paper, paintings, photographs, poems, textiles, sculpture, journals and digital media. Students were given an in depth look at mental health through the art and poetry of people with lived experiences of mental illness. It was very insightful and interesting to view things from another perspective. Students were also presented to by mental health advocate Steven, who very openly discussed his past traumas and lived experience with mental illness. Steven's story allowed the students to view mental illness with a more 'open mind' and certainly helped to support the Dax Centre's aim to eliminate the stigma surrounding mental illness.

After a quick lunch at Melbourne Central, it was off to the Epworth Sleep Centre. Sleep specialist, Ben, presented to the students a run-down on the various stages of sleep experienced in a sleep-cycle along with the associated physiological responses as measured by an EEG, EOG and EMG. Students participated in an activity which required them to match various physiological responses with the correct sleep-stage, providing them with some good revision. They were also able to try on some different sleep-aids including a couple of different types of glasses to remove blue-light and a CPAP mask which is used to support the breathing of sufferers of sleep apnoea. The students were then given a tour of the sleep laboratory. Volunteer Jessie-Rose McDonald, was hooked up to lots of electrodes and left to try to fall asleep while the rest of us watched on in a nearby office, monitoring her brain waves, eye movements and muscle movements. Unfortunately there were some noisy building works going on nearby so Jessie wasn't able to actually fall asleep, however it was still interesting to watch her brain waves change from the active Beta brain waves to the relaxed Alpha brain waves, and even a small glimpse of some Theta waves suggesting she was almost drifting off to sleep (until some outside noise awoke her). It was also fascinating to watch her muscle movement, eye movement and breathing pattern and how they all changed the more relaxed she became. Students learnt a lot about different sleeping-disorders including sleep apnoea, insomnia and sleepwalking and it was interesting to hear stories from Ben and his colleague about some of the more unusual disorders they have witnessed through their work in the sleep laboratory. I'm sure all of this information will be handy for exams!

It was a big, fun, adventurous, insightful day for these Psychology students. The 4am wake-up was definitely worth it and we all hope that it will be repeated for future years. Thank-you Miss Cocking for all of your work in making it happen.



## Here are the 1<sup>st</sup> Place winners at SHD who will go to the LMR ATHS Carnival in Bendigo on the 10<sup>th</sup> October, Term 4.

- 13 Male Discus **Clancy Leahy** 23.59m
- 14 Male Javelin **Taj Lane** 29.42m
- 16 Male Long Jump **Rylan Attwell** 4.55m
- 13 Male 800m **Codie Anderson** 2:40.21
- 15 Female 800m **Bree Cordina** 2:38.80
- 15 Female 1500m **Remi Macri** 07:17:65
- 16 Male 800m **Scott Wallace** 2:28.21
- 20 Male Triple Jump **Ethan McKnight** 11.47m
- 17 Female 100m A **Lily Den Houting** 15:43
- 17 Female 100m B **Shaeli Gitsham** 15:86
- 20 Female 100m B **Hannah Spencer** 16:40
- 17 Male Shot Put **Joshua Walters** 11.2m
- 20 Male Shot Put **Archer Dibsedale** 10.04m
- 13 Female 1500m **Kate Heffer** 6:52.98
- 14 Male 1500m **Tyson Clingan** 5:41.30
- 15 Male 1500m **Ashton Wood** 5:07.30
- 14 Male 400m **Tyson Clingan** 1:00.60
- 16 Male 1500m **Scott Wallace** 05:11.52
- 20 Male Javelin **Ethan McKnight** 36.85m
- 13 Male Shot Put **Thomas Leahy** 10.35m
- 16 Female Trip Jump **Laura Thomas** 9.01m
- 16 Female 400m **Laura Thomas** 01:18:49
- 16 Male Triple Jump **Jordan Faulkner** 10.99m
- 20 Male Discus **Alexander Lloyd** 24.73m
- 17 Male High Jump **Jayden Crellin** 1.55m
- 17 Male Relay Team:  
**Jayden Crellin, Joshua Walters, Joshua Hunter, Sean Hunter**
- 17 Female Relay Team:  
**Lily Den Houting, Hannah Cockcroft, Emily Copland & Shaeli Gitsham**



## Swan Hill Division Athletics Carnival

On Wednesday 28<sup>th</sup> August, KTHS hosted the Swan Hill Division Athletics with schools around the region competing in a range of track and field events from Cohuna and Swan Hill.

The day ran extremely smoothly with the help of several KTHS Staff and student helpers! Thank you to all those who worked together to make the day such a success. A special mention to the following people:

Miss Ferrier, Mr Henry, Mr Wishart, Miss Cocking, Mr Hall, Mrs Mason, Mrs Ritchie, Mr Smith, Miss Burton & Miss Westland.

The students all competed to their best ability and represented themselves as well as the school extremely well.

The following students broke records in their events! Well done Bree and Tyson!

**Bree Cordina**

15 Female 800m  
with a time of 2:38.80

**Tyson Clingan**

14 Male 400m  
with a time of 1:00.60

**Miss Burton,  
Sports Coordinator**



This week our Unit 4 Chemistry Investigative SAC practical determining the energy content of 4 samples of wheat based biscuits was undertaken.

The students had to control all variables except for the energy output & mass of biscuit burnt. Aaliyah and Jacob were required to Design and Conduct their own Prac to meet Outcome 3, finishing with a Scientific Poster. **David Dickson, KTHS Science**



Congratulations to Hannah Spencer who was awarded the McKissack Memorial Trophy for best all round athlete at our House Athletics Carnival.



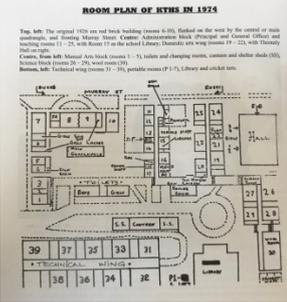
# 100 YEARS OF SECONDARY EDUCATION

## REMEMBERING THE TECH WING.....

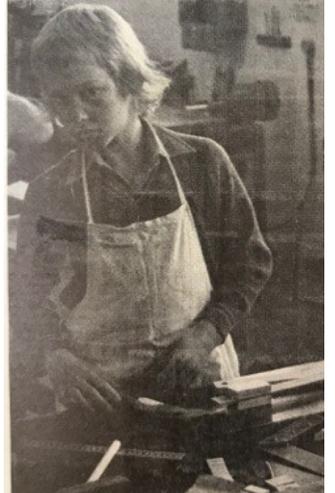


**IT'S HERE AT LAST...  
THE NEW TECHNICAL WING  
FOR KTHS**

This new building will provide the school with additional tracking and service facilities of advanced technical standard. Included in the building will be nine modern, fully equipped workshops with specialised machinery and fittings for advanced technical training in woodworking, plumbing and sheetmetal work, fitting and machinery, motor mechanics, electrical communication, graphic communications. Cost: \$178,000. YOUR TAXES AT WORK.



*Since 1971; Still making  
can crushers, pencil boxes,  
hammers, scoops, and more.*



**safety  
is a  
pigtail**  
keep your hair up when you're working in the tech wing

Above: Safety notice for the new technical wing, as published in the '74 school magazine



**TECHNICAL COURSES  
BEGIN IN 1971**

Technical education will be available at the Kerang High School from the beginning of next year.

Mr. Michael Clarke M.L.C. announced yesterday that the necessary technical school staff would be provided for 1971 to give technical facilities at the school.

**The Kerang  
New Times**

PRICE 15c 14 Pages Published Tuesdays and Fridays  
 MURKIN, FRIDAY, MAY 26, 1971 Phone 21 1718

**No plans announced for additional buildings**

No plans have yet been announced to provide additional buildings to cater for the extra equipment or students at Kerang.

Staff the school principal, Mr. J. Conroy, and the chairman of the Kerang Technical School Committee, Mr. C. Doherty, yesterday expressed concern at the possible overcrowding of the school with the introduction of technical facilities without additional accommodation.

However, the mayor is optimistic, pointing out that the technical division in 1971 will be a pilot scheme and the provision of full technical facilities at the school is a long-term goal.

**SITES AVAILABLE**

Technical sites have been identified at the State Government site, 200m from the school, and at the Kerang Technical School site, 200m from the school.



The **Blurry Borders** exhibition aims to promote access and inclusion for others with visual impairment and other disabilities.

Blind people can take photographs, deaf people can dance and those who can't speak might just be able to tell you the best story you've never heard.

Kristan will talk to KTHS Students Monday 2nd September.



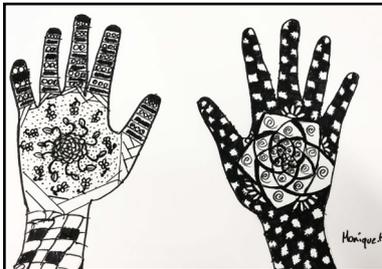
Swan Hill photographer Kristan Emerson has been shooting the world on his overseas travels since 2016. On their own, the photographs are beautiful – but take into account that the photographer has 3% vision in only one eye and you won't believe what he can capture. Kristan's photographs are accompanied by his unique stories of the places he has visited.

*"My eyes do not have lenses but my camera does.  
It is my way of seeing detail in an otherwise blurry world."*



7B Art have been working on zentangle designs.

This kind of artwork is great for relaxation and mindfulness. The students put their zentangle skills to good use creating a large scale mandala outside the art room. They did a fantastic job working together as a team, well done 7B! **Paul Oswin, Art and Visual Design**



# Kerang Technical High School

*100 Years Of Secondary Education*



## Events held on Friday 25th October-

- Guided tours of Kerang Technical High School leaving from the office at 12.00, 12.30, 1.00, 1.30 and 2pm followed by afternoon tea.
- Lowering of the time capsule at 3pm.
- Historical display available for viewing
- Celebratory dinner 6:30pm at Thornely Hall. Bookings are essential. Tickets available at [www.trybooking.com/BEZCS](http://www.trybooking.com/BEZCS) or through the school office
- Commemorative pavers and books are available for purchase at all events

## Events held on Saturday 26th October-

- Guided tours at Kerang Technical High School leaving from the office at 10 and 11am

All enquires (03) 5452 1062

# KERANG TECHNICAL HIGH SCHOOL



## FUNDRAISING FOR A BETTER FUTURE

Kerang Technical High School would like to offer past and present families, students, teachers and community members the opportunity to have their name engraved on a paver. Pavers have been organised to celebrate 100 years of Secondary Education in Kerang and will be showcased within the school grounds to coincide with our recent building upgrades. All applications must be approved by a representative of KTHS School Council.

Forms will be available at all 100 years celebration events on Friday 25<sup>th</sup> & Saturday 26<sup>th</sup> October. Further information can be obtained from KTHS Office on (03) 5452 1062.



### DONATION OF \$30.00

PROVIDES YOU WITH A PERSONALISED ENGRAVED PAVER TO BE PLACED AT OUR SCHOOL IN RECOGNITION OF YOUR CONTRIBUTION AND SUPPORT.

### OFFER CLOSES - OCTOBER 30, 2019.

Forms and payment to be submitted to Kerang Technical High School office or emailed to [kerang.tech.hs@edumail.vic.gov.au](mailto:kerang.tech.hs@edumail.vic.gov.au)

#### ENGRAVING DETAILS – MAX 17 CHARACTERS PER LINE

Please print clearly using ALL CAPITAL LETTERS. Max 3 lines per paver.  
Each box represents a character (letter, number, punctuation mark or space). No hand drawings.

L 1	<input type="text"/>																
L 2	<input type="text"/>																
L 3	<input type="text"/>																

#### PERSONAL AND PAYMENT DETAILS

Name	<input type="text"/>	Phone	<input type="text"/>	
Address	<input type="text"/>			
Payment Options	(please circle)	CASH	VISA	MASTERCARD
Name on Credit Card	<input type="text"/>			
Credit Card Number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Expiry Date	<input type="text"/>	/	<input type="text"/>	<input type="text"/>
	CCV	<input type="text"/>	Amount Donated @ \$30 each	\$ <input type="text"/>
<i>I authorise Kerang Technical High School to process the nominated amount from my credit card</i>				
Signature	<input type="text"/>			



**NDCH**

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

## WEAR IT PURPLE DAY 2019

30.08.2019



### Wear It Purple Day is about:

- **CELEBRATING** and **SUPPORTING** students who identify as LGBTIQ+ or are questioning their sexuality and gender identity

- Showing everyone that they can be **PROUD OF WHO THEY ARE**

- Showing sexuality and gender diverse young people **THAT THEY ARE NOT ALONE**

Young people who identify as LGBTIQ+ often feel isolated and alone and experience poor mental health because of the lack of acceptance of their sexuality and gender identity. It is for these reasons that at a community level the Wear It Purple campaign that promotes supportive, safe and empowering environments for young rainbow people is something we all should be part of.

### What can you do to raise awareness for and celebrate and support our young rainbow people?

**WEAR PURPLE** this **WEAR IT PURPLE DAY** on **Friday the 30<sup>th</sup> of August** to celebrate and support young rainbow people.

For more information about Wear It Purple Day: [CLICK HERE](#)

NDCH Youth Counselling Services: 5451 0200

For online support for LGBTIQ+ people visit: <https://www.qlife.org.au/> OR <http://www.switchboard.org.au/>

[www.ndch.org.au](http://www.ndch.org.au)