



KERANG TECHNICAL HIGH SCHOOL

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A State Secondary College

11th March 2016

Vol. 7

EVENTS CALENDAR: MARCH

Students & Parents

- Mon. 14th : LABOUR DAY Holiday
- Thurs. 17th : Loddon Mallee Swimming
- Fri. 18th : Grand Prix Excursion
- Mon. 21st : Bar-Rook Field and Game shoot
- : SCHOOL COUNCIL
- Thurs. 24th : End of Term 1 break—1.30 finish.

SCHOOL COUNCIL

Parent Representatives

Tami Leggett—President
Jeannette Teasdale
Linda Stanton, Peter O'Brien
Karen Radcliffe,
Dean Radcliffe, Wayne Gurnett

PRINCIPAL'S REPORT

Hot Weather

Autumn has started with an unprecedented hot spell. Students have had to deal with temperatures into the 40's for an extended period of time. High temperatures at night can lead to little sleep can leave people feeling tired and run down. To try and beat the warm weather I remind all students to remain hydrated and seek shade during recess and lunch time. As with the wet weather policy, we also open rooms at lunchtimes to give students the opportunity to escape the heat, and enjoy their lunch in air conditioned comfort.

Shave For A Cure

A number of students showed a lot of initiative and have approached me for a "Shave For A Cure" event. As part of their fundraiser for children with cancer they have volunteered to have their own heads shaved. They also requested a crazy hair colour day and out of uniform day to raise extra funds. This was held today.

School Council.

To date, we have not had enough parents nominate for School Council, so I will extend the nominations until Thursday 17th March. Please consider carefully about being involved in School Council as this can be both a rewarding and satisfying experience.

Inter school Swimming Sports.

Congratulations to all the students who represented the school at the Interschool Swimming Sports. Kerang Technical High School sent a strong team to the event and this has been reflected in the results. We now have a number of students advancing to the next level.

Year Level Coordinators.

Each Year Level has a coordinator who is in charge of helping students in that year level. By this time of the year your child should know who their coordinator is.

Part of the co-ordinator's job is to be a point of contact if you have any questions or issues and each and every one is approachable. Please make use of these people as no question is too small, I would rather you ask early than leave a small issue to fester and become a big one. As a "test" for your child see if they can name their coordinator.

*Mr Dean Rogers,
Principal.*

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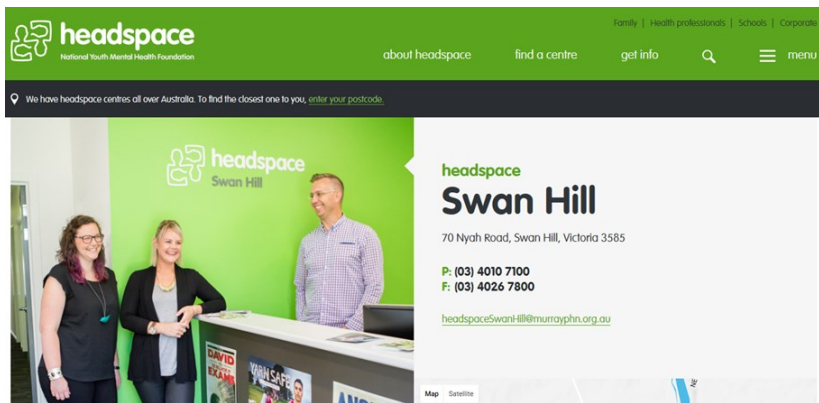
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Meg & Michael's

Musings



Hi everyone, **HeadSpace Swan Hill** is now open at 70 Nyah Road, Swan Hill and is only for young people aged from **12 to 25 years**. They can give you help with **General Health; Mental Health and Wellbeing; Alcohol and other drugs; Education, Employment and other services** in a confidential and friendly manner.



Check out the website:

<http://headspace.org.au/headspace-centres/swan-hill/>

for contact details, opening hours etc. and the - [headspace Australia YouTube channel](#) has lots of great stuff.

Cheers, Meg & Michael.

Pictured are *Devlyn McMahon* (Mental Health Clinician), *Elisha Keep* (Admin Support Officer) and *Ian Johansen*, Manager of HeadSpace, Swan Hill.



Brain Awareness Week (BAW) is the global campaign to increase public awareness of the progress and benefits of brain research.

Every March, Brain Awareness Week unites the efforts of partner organizations worldwide in a celebration of the brain for people of all ages. Activities are limited only by the organizers' imaginations and include open days at neuroscience labs; exhibitions about the brain; lectures on brain-related topics; social media campaigns; displays at libraries and community centres; classroom workshops; and more.



<http://sciencenetlinks.com/tools/3d-brain/>

3D Brain App

YOUTH PARLIAMENT Applications are now open

You must be aged 16-25.

Available to attend Melbourne on **Friday 27 May – Sunday 29 May & Sunday 26 June – Friday 1 July 2016.**

Council covers the cost for participation in this program

For more info or to apply please contact Penny on 5450 9333 or penelope.scanlan@gannawarra.vic.gov.au

Applications close 18 March 2015



Boys Brains

Kerang

Have you ever wondered why your boy is attracted to dirt, is loud and wriggles a lot, seems to not listen, loves stones, sticks and water and bounces around the house?



This two hour workshop will give insight into the workings of a boy's brain and how their needs are different to girls. It will provide practical strategies to help parents and carers understand boy's needs and how to meet them.

Term 2, 2016

When: Wednesday 13th April 2016
Time: Arrival and registration 6.15pm
 6.30pm Start
Where: St Joseph's Primary School, Nolan Street Kerang
Cost: Free
Child care: Sorry, child care is not provided
Facilitators: Jo Rodriguez and Linda Lynch (Family Education Services Team)

For enquiries phone Debbie Garlick at St Joseph's on 5452 1426 or to Cathy Hutchinson by email chutchinson@sjkerang.catholic.edu.au

Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged

FRIDAY NIGHT JUNIOR NETBALL

This year's season is to commence on Friday 15th April 2016 *with a Skills and Registration Night.*

Juniors – 4.20pm (Grade 1 in 2016 to Grade 4 in 2016)

Seniors – 5.20pm (Grade 5 in 2016 to Year 9 in 2016)

At the Kerang Indoor Basketball Stadium. Registration forms can be picked up prior to night from Kerang Sportpower.

If any parents are able to help out it would be greatly appreciated.

Any queries call: Kirstyn 0408509221 or Melissa 0428522468.

St. Vincent de Paul's * The Bus Stop Recycle Shop * Rita Hall Op Shop
are all having their SUPER SALES this Friday night the 11th of March starting time 5p.m. till 8pm.
SALES AT THEIR OWN SHOP, SO DROP IN AND GET A SUPER DEAL.....HAPPY SHOPPING!